

Transformation and Quality Strategy July 2024



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Section 1: Transformation and quality project details

Project ID	Project Title	Component(s)
434	Behavioral Health Clinic in East Linn	Behavioral Health Integration
NEW	Monitoring the competence of individuals	- CLAS Standards
	providing language assistance to IHN-CCO	- Health Equity: Cultural Responsiveness
	members with an identified interpreter	
	service need	
NEW	Community Led Behavioral Health	Health Equity: Cultural Responsiveness
	Intervention Models	
NEW	Oral health integration at behavioral health	Oral Health Integration
	facilities to support oral health utilization	
	for people with substance use disorder	
NEW	Supporting PCPCH Member Enrollment	PCPH Member Enrollment
436	Supporting PCPCH Tier Advancement	PCPCH Tier Advancement
NEW	Supporting Pregnant People with Substance	Special Health Care Needs (SHCN): Non-
	Use Disorder and Mental Health Conditions	dual eligible
	through Project Nurture	-
510	Under Pressure: Managing High Blood	Special Health Care Needs (SHCN): Dual
	Pressure to Decrease Morbidity and	eligible
	Mortality Risk	_
NEW	Improving Resources for IHN-CCO members	Serious and Persistent Mental Illness
	with SPMI	(SPMI)

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Project #1- Behavioral Health Clinic in East Linn

A. Project title: Behavioral Health Clinic in E	ast Linn
Continued or slightly modified from prior TQS?	\boxtimes Yes \square No, this is a new project

If continued, insert unique project ID from OHA: 434

B. Components addressed

- 1. Component 1: Behavioral health integration
- 2. Component 2 (if applicable): Choose an item.
- 3. Component 3 (if applicable): Choose an item.
- 4. Does this include aspects of health information technology? \square Yes \boxtimes No
- 5. If this is a CLAS standards project, which standard does it primarily address? Choose an item.
- C. **Project context:** Complete the relevant section depending on whether the project is new or continued.

Current progress for establishing a Behavioral Health Home in East Linn County

Over the past two years, IHN-CCO has collaborated closely with Samaritan Health System to integrate behavioral health and primary care services. This partnership has been instrumental in addressing the complex healthcare needs of our community. With a specific focus on East Linn County, efforts have been underway to establish a Mental Health Home Clinic – now being referred to as the Behavioral Health Home Clinic. Despite encountering various challenges along the way, significant progress has been achieved towards the realization of the Behavioral Health Home initiative in East Linn County. This comprehensive assessment reflects our commitment to transparency and continuous improvement as we strive to overcome obstacles and enhance access to quality care for all individuals in need. **Table 1.** includes the monitoring measures included in the previous submission, the outcomes, and the barriers experienced while working to meet the monitoring measures.

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2024.	res, the outcome a	and barrier to meeting the measure	, and next steps for
Monitoring Measures	Outcome	Barriers	Next steps for 2024
Establishing a provider panel.	Not met for 2023 - In process.	Unable to find a location for the clinic and funding to move forward.	Developing a Risk adjusted panel size model instead of the traditionally PCP panel size.
Assigning IHN-CCO members to the facility.	Not met for 2023- In process.	No members were able to be assigned, VBP contracts could not be created, and Epic configuration did not occur because a location for the clinic could not be established. A few locations were identified, but Samaritan was unable to obtain the space.	Follow the same model as the IHN-CCO Primary Care Clinic, in assigning patients who do not have a PCP, and co-occurring diagnosis of Diabetes, SUD and mental health condition.

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Creating MOUs and Value- Based Payment (VBP) contracts with the Behavioral Health Home.	Not Met for 2023 - In process.		In the process of researching different models and what VBP contract would look like.
EPIC configuration.	Not met for 2023 - In process.		Will start the EPIC build in August 2024.
Establishing workflows between primary care and behavioral health.	Monitoring Measure Met.	Care coordination workflows have been identified, in addition to some initial workflows internally including the patient intake and 1st 1–2-hour intake BH process. All 3 appointments in the same day if possible: - 1st visit is with PCP (60 Mins) - 2nd visit with BH (60 Mins) - 3rd with Nutritionist/ Dietician / or Health coach	The Clinic is set to open in January 2025. Once open, the workflows will be evaluated and changes will be made depending on results.
Opening the Behavioral Health Home in East Linn County.	Not met for 2023 - In process.	Multiple locations were identified and SHS attempted to acquire the space, but it was unsuccessful. A space was secured in January 2024.	A space has been identified and construction will begin July 2024 and is set to open in January 2025.

Most of the outcome measures established for 2023 were not met, but they are in progress and are on track to be met by first quarter of 2025. Significant strides were made in early 2024 to support the implementation of the Behavioral Health Home. This progress prompted IHN-CCO to proceed with including the behavioral health integration at the Behavioral Health Home clinic in East Linn County, a TQS project.

To ensure the success of the project, stakeholders and partners convened to revisit the foundational goals and monitoring measures of the initiative. The overarching aim of the Behavioral Health Home clinic remains focused on reducing healthcare costs, enhancing the quality of care, fostering member engagement in their healthcare journey, and improving health outcomes for high-risk IHN-CCO members. A detailed timeline has been developed to guide the continued implementation of the Behavioral Health Home Clinic:

- April 2024 July 2024.
 - o Budgeting Prep for 2025 staffing & providers.
 - Design Alternate payment model vs Nonproductivity model
 - Reimbursement model: Capitated model.

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- Peer support with Chance.
- Visit type standards specific to this model.
- Research team support:
 - Common set of metrics.
 - Publish study.
 - Evaluate the success of the program.
- July 2024 January 2025
 - o Geriatrics clinic move-out: July 2024.
 - The clinic space is currently occupied by a geriatrics clinic.
 - Construction: July 2024 October 2024.
 - The construction will ensure the creation of exam rooms, therapy/consultation rooms, and HbA1c point of care testing.
 - o Move in: October 2024.
 - Assign provider and establish a patient panel.
 - o Go-Live Launch: January 2025.
 - Appointments begin.

Assessment of IHN-CCO members in the Behavioral Health Home service region.

In 2023 approximately 8.2% of IHN-CCO members (with continuous enrollment) 18 years and older had a diabetes diagnosis. The average per member per month (PMPM) health care costs for these members was about \$1,559 dollars. This PMPM is about 245 percent higher than the PMPM for adult IHN-CCO members without a diabetes diagnosis. In addition, anxiety disorder, substance use disorders (SUD), depressive disorders, and post-traumatic stress disorder (PTSD) are in the top five conditions of IHN-CCO members. The average PMPM for IHN-CCO members with co-occurring diabetes, SUD, and mental health condition is \$3,188 dollars (equaling about 0.3% of the IHN-CCO population and 3.6% of the IHN-CCO diabetic population). Given the high health care costs among IHN-CCO diabetic members and the prevalence of mental and behavioral health conditions throughout the adult population, our goal is to evaluate the Behavioral Health Home model in addressing both physical and mental/behavioral health needs of IHN-CCO members with diabetes who also have comorbidities of SUD and/or mental illness. The Behavioral Health Home will be in Lebanon – East Linn County. About 13.5% of IHN-CCO's 2023 adult population reported living in Lebanon.

Lebanon is an appropriate area to test the Behavioral Health Home model because the IHN-CCO population living in the area have a similar race, ethnicity, language spoken at home, disability rates, and gender identity profile when compared to the IHN-CCO population in its entirety. Data in **Table 2.** indicate that the population also has similar health care spending trends and Emergency Department (ED) utilization trends as the general IHN-CCO population, with members living in Lebanon having slightly higher PMPM overall health care costs. The table highlights the sizeable difference in PMPM costs for members with diabetes and comorbidities of SUD and/or Mental illness for both IHN-CCO as whole and members residing in Lebanon.

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Table 2. The PMPM and Emergency Department (ED) utilization for diabetes and behavioral health/ mental health conditions					
	IHN-CCO Adu	It Members	IHN-CCO Adult Members living in Bi- location (Lebanon)		
	Average PMPM per member	Average ED visits per member	Average PMPM per member	Average ED visits per member	
All IHN-CCO Members 2023	\$542	0.4	\$665	0.5	
IHN-CCO members with Diabetes	\$1,559	0.8	\$1,513	0.8	
Diabetes + SUD + Mental Health Condition	\$3,188	2.3	\$3,314	2.2	
Diabetes and/or SUD or Mental Health Condition	\$1,939	1.3	\$1,910	1.3	
Mental Health Condition	\$868	0.7	\$883	0.8	
SUD	\$1,166	1.0	\$1,281	0.9	
Mental Health and SUD	\$1,457	1.3	\$1,432	1.1	

REALD/SOGI assessment for adult IHN-CCO members living in Lebanon (Behavioral Health Home service region) with diabetes and comorbidities or SUD and/or mental illness.

Approximately 40 percent of the population for the Behavioral Health Home project identify as white, with 29 percent of the population's race being unknown. **Figure 1.** has the race and ethnicity broken down by specific racial/ethnic identity. As noted, most members identify as white with the second and third largest populations being Mexican and American Indian or Alaska Native. **Table 3.** shows that members in the target population who identify as white have the lowest average PMPM. Members who identify as American Indian or Alaska Native have substantially higher average PMPM (over \$5,000 average PMPM) and average ED utilization (average of 2.2 ED visits). Members who identify as Hispanic or Latinx also have a higher average ED utilization rate.

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Slavic Other African (Black) Indigenous Mexican, Central or South American Filipino/a Communities of Myanmar Other race Middle Eastern Central American South American Other Asian Eastern European African American Western European Other Hispanic or Latino/a/x/e American Indian Mexican No Race or Ethnicity Data Reported Other White 0.0% 5.0% 10.0% 15.0% 20.0% 25.0% 30.0% 35.0%

Figure 1. Race and ethnicity reported for Behavioral Health Home target population

Target population: IHN-CCO adult members living in Lebanon with Diabetes who have a substance use disorder (SUD) and/or mental health condition (MHC) who are assigned to a Samaritan Medical Clinic.

Table 3. The average per member per month 2023 health care costs for the Behavioral Health Home target				
population by race and ethnicity group				
	Average PMPM	Average ED Utilization		
Total target population	\$1,948	1.2		
White	\$1,554	1.2		
Asian	\$1,403	1.2		
Black/African American	\$1,932	1.2		
Hispanic or Latinx	\$1,861	1.8		
American Indian and Alaska Native	\$5,102	2.7		
*Other/More than one race				
No Race or Ethnicity Data	\$1,991	0.75		

^{*}data too small to report

Cost and ED data may be different from Table 1. Table 3 only includes members who are assigned to a Samaritan Medical Clinic, Table 1. Includes all adult members who adult IHN members living in Lebanon

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Over 86 percent of the target population report speaking English and 8.6 percent do not have language data reported. For those who report a language other than English, the languages include Spanish or "other". Some of the members also report American Sign Language as their form of communication. No disparities were identified by language, but the project will be monitoring access to OHA certified or qualified health care interpreters to ensure language does not become a barrier. All members report being cisgender, with 8.6 percent of the target population not having data reported for gender identity. Approximately 17.2 percent of the target population report having a disability. Those with a known disability do have slightly higher ED utilization, but their PMPM costs were about 39 percent higher when compared to those in the target population without a disability.

Sexual Orientation data are unavailable. IHN-CCO is currently working on accomplishing the requirements outlined in House Bill 2359 to ensure the data collection of REALD/SOGI on IHN-CCO members is updated annually. A REALD/SOGI survey is being established using OHA approved data collection tools. Once approved by OHA the survey will be used to collect and report sexual orientation data. The data will be integrated into IHN-CCO data warehouse to ensure data are segmented by REALD/SOGI for the effective assessment of disparities.

D. Brief narrative description

The Behavioral Health Home pilot aims to unite community partners to provide a comprehensive, personcentered approach for individuals with both physical and mental health/behavioral health needs. This collaborative effort spans across the continuum of care and involves IHN-CCO, primary care, community-based organizations, as well as mental health and substance use disorder recovery service partners. The target population are IHN-CCO members ages 18 and older who reside in East Linn County (Lebanon) and are assigned to a Samaritan Medical Clinic. The member must have a diagnosis of diabetes as well as a comorbidity of SUD and/or mental illness to be included in the target population. This means the people in the target populations could have:

- Co-occurring diabetes, SUD, and mental illness; or
- Co-occurring SUD and diabetes, but no mental health condition; or
- Co-occurring diabetes and mental illness, but no SUD.

SUD is defined as members who have two claims over a two-year period with diagnosis codes for alcohol use disorder, opioid use disorder, and/or other drug disorders. Mental health conditions/illness are defined as members with two or more claims over a two-year period with diagnosis codes for anxiety disorder, depressive disorders, PTSD, schizophrenia or other psychological disorders, bipolar disorder, and/or personality disorders. Diabetes is defined as those with two or more claims for type 1 or type 2 diabetes.

How the project is integrating Behavioral Health.

Samaritan Medical Group (SMG) primary care, in conjunction with their mental health and behavioral health departments, collaborates with IHN-CCO, Linn County Mental Health, and C.H.A.N.C.E. recovery support services to establish workflows and structures for the Behavioral Health Home in Lebanon. The pilot seeks to enhance health outcomes, reduce healthcare costs, and enhance member engagement for individuals outlined in the target population by integrating behavioral health and primary care. The clinic adopts a team-based approach tailored to IHN-CCO members in the target population. Draft staffing models comprise care coordination, Peer Delivered Services, Health Educators, and Certified Alcohol and Drug Counselors (CADC), and primary care providers. Different staffing models are being assessed, but the staffing model favored by the team is one that

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includes the Behavioral Health provider as the primary care provider. This would allow the Behavioral Health provider to better integrate the member's SUD and/or mental health condition into their overall care plan by being the first to establish care.

E. Activities and monitoring for performance improvement (duplicate until all activities and measures are included).

Activity 1 description: Establish EMR and data infrastructure to measurement the WHOQOL-BREF (World Health Organization Quality of Life (QoL) - BREF) questionnaire to assess the QoL of patients at two key time points: enrollment and 10-12 months post-enrollment. The WHOQOL-BREF is a validated instrument designed to measure QoL across four domains: physical health, psychological health, social relationships, and environment. It consists of 26 questions and employs a five-point Likert scale for responses.

\boxtimes Short term or \square Long term

Monitoring measure		Build EMR and da	nta infrastructure to ev	valuate the quality of life	e (QoL) of target	
1.1		population.	population.			
Baseline or current	Tar	get/future state	Target met by	Benchmark/future	Benchmark met by	
state			(MM/YYYY)	state	(MM/YYYY)	
No Data	ΑC	QoL data	12/2024	Patient's QoL is	12/2025	
Infrastructure built.	inf	rastructure is		measurable.		
	est	ablished and				
	ор	erationalized.				

Activity 2 description: Create sustainability for the Behavioral Health Home through value-based payment contracts.

\boxtimes Short term or \square Long term

Monitoring measure 2.1 E		Establish a value-based contract with the Behavioral Health Home clinic in			
Lebanon.					
Baseline or current state	Targe	et/future state	Target met by (MM/YYYY)	Benchmark/future state	Benchmark met by (MM/YYYY)
No Value-Based	Value	e-Based	03/2025	Lebanon Behavioral	03/2028
Payment contract	Paym	nent contract is		Health Home Clinic	
is established.	activ	e between		meets the metrics	
	IHN-	CCO and		outlined in their	
	Leba	non Behavioral		value-based	
	Health Home clinic.			payment contract.	
Monitoring measure 2.2 Establish an MC		OU between all organi	izations involved in the	Behavioral Health	
Home Clin		Home Clinic, in	cluding Samaritan He	alth Plan, Samaritan Hea	alth Services,
		Community Based SUD recovery services, and other community mental health			
partners.					
Baseline or current	Target/future state		Target met by	Benchmark/future	Benchmark met by
state			(MM/YYYY)	state	(MM/YYYY)
No MOU is	MOU is established		03/2025	MOU is evaluated	03/2028
established	betw	een all		and updated	

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between	partners involved in	between partners
Behavioral Health	supporting the	and stakeholder on
Home partners.	Behavioral Health	an annual basis.
	Home Clinic	
	sustainability.	

Activity 3 description: Equitably engage members across the continuum of care by integrating all of their physical, mental health, and behavioral health (recovery services) needs in one facility.

 \square Short term or \boxtimes Long term

Monitoring measure 3.1 Reduce the ave		erage number of ED vi	sits for IHN-CCO member	ers living in Lebanon	
-		with co-occurr	ing SUD, Diabetes, and	Mental Health Condition	on.
Baseline or	Targe	t/future state	Target met by	Benchmark/future	Benchmark met by
current state			(MM/YYYY)	state	(MM/YYYY)
Average number of	Avera	age number of	01/2026	Average number of	01/2027
ED visits for target	ED vi	sits for target		ED visits for target	
population is 2.2.	popu	lation is 2.0.		population is 1.5.	
Monitoring measure	3.2	Reduce the PM	1PM health care costs	for members of the targ	get population who
		identify as Nati	ive American or Alaska	Native, specifically me	mbers who identify as
		American India	ın.		
Baseline or	Target/future state		Target met by	Benchmark/future	Benchmark met by
current state			(MM/YYYY)	state	(MM/YYYY)
Average PMPM for	The a	verage PMPM	01/2026	The average PMPM	01/2027
target population	costs	will decrease		costs will decrease	
is \$5,102 dollars.	by 3%	% (about		by 5% (about \$4,847	
	\$4,94	19 average		average PMPM.	
	PMPI	M.			
Monitoring measure 3.3 Improve the pe		ercent of the target po	pulation who are in con	trol of their HbA1c.	
Baseline or	Target/future state		Target met by	Benchmark/future	Benchmark met by
current state			(MM/YYYY)	state	(MM/YYYY)
32.8% of the target	31.0% of the target		01/2026	29.0% of target	01/2027
population are not	population are in			population are in	
in control of their	control of their			control of their	
HbA1c.	HbA1	lc.		HbA1c.	

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Project #2- Monitoring the competence of individuals providing language assistance to IHN-CCO members with an identified interpreter service need.

A.	Project title: Monitoring the competence of individuals providing language assistance to IHN-CCO
	members with an identified interpreter service need.
Cor	ntinued or slightly modified from prior TQS? \Box Yes $oxtimes$ No, this is a new project
If co	ontinued, insert unique project ID from OHA: N/A

B. Components addressed.

- 1. Component 1: CLAS standards.
- 2. Component 2 (if applicable): <u>Health equity: Cultural responsiveness.</u>
- 3. Component 3 (if applicable): Choose an item.
- 4. Does this include aspects of health information technology? \square Yes \boxtimes No
- 5. If this is a CLAS standards project, which standard does it primarily address? <u>7. Ensure the competence of individuals providing language assistance, recognizing that the use of untrained individuals and/or minors as interpreters should be avoided.</u>
- C. **Project context:** Complete the relevant section depending on whether the project is new or continued.

Improving access to high quality health care interpreters.

As Oregon's population becomes more diverse, it has become critical to address how we effectively deliver health care services to members with disabilities and from diverse genders, sexual orientation, cultures, and linguistic backgrounds. Access to a qualified medical interpreter is fundamental for improving health equity. The American Community Survey concludes that in Oregon, about 15.3% of the population speaks a language other than English in their home. Having a professional medical interpreter at every aspect of the continuum of care supports the patient and provider relationship, lowers the risk of medical error and patient safety issues, can reduce readmission rates, and ensure equitable emotional support for the patient. 1-2

The CLAS standard number 7, ensure the competence of individuals providing language assistance, recognizing that the use of untrained individuals and/or minors as interpreters should be avoided, was recognized as a key priority by the state of Oregon in the passing of House Bill 2359 into law. The House Bill requires all health care providers receiving public funds to use an Oregon Health Authority (OHA) certified or qualified health care interpreter (HCI) or a health care provider/worker who has passed an OHA approved language proficiency test. To aid in compliance of House Bill 2359, OHA established the Health Equity Measure: Meaningful Access to Health Care Services for persons with limited English proficiency. IHN-CCO has not met OHA standards outlined in the health equity measure since its creation in 2021. For MY2022 about four percent of IHN-CCO members with an identified interpreter service need outlined in the OHA hybrid data had an OHA certified or qualified health care interpreter (HCI). For MY2023, preliminary data show a worsening trend for IHN-CCO members accessing an OHA certified or qualified HCI. This performance is unacceptable. To improve, IHN-CCO needs to build a strong foundation for monitoring the competence of individuals providing language assistance.

Disparities in accessing OHA Certified or Qualified HCI.

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The OHA hybrid sample for MY2023 assessed 1,630 IHN-CCO members with an identified interpreter service need who had a physical, mental/behavioral, and/or dental encounter. About 88 percent of the members in the sample had a reported language they speak at home. Members with American Sign Language needs and members who report speaking both Spanish and English had the most encounters with an OHA certified or qualified HCI. Members who report speaking Middle Eastern Languages (about 1.9% of encounters) such as Arabic, Dari, and Turkish had zero OHA certified or qualified HCI. Encounters needing an OHA certified or qualified HCI who speak an Asian language (about 2.1% of encounters), such as Chinese, Burmese, Korean, and/or Vietnamese also had zero qualifying encounters. Encounters for members speaking Spanish languages were reported most frequently (about 80.5% of encounters required a Spanish speaking HCI). The number of encounters with an OHA certified or qualified HCI was higher for this group but continues to be inadequate. About 1.4% of encounters required an OHA certified or qualified HCI who spoke a Mayan language. Less than half of the encounters for members who speak Mam received an OHA certified or qualified HCI.

About 10.8% of the encounters' gender identity was unknown. All encounters with gender identity were cisgender. Around 12.5 percent of encounters reported having a known disability. Members who report being deaf or hard of hearing had an OHA certified or qualified HCI most frequently. Access to an OHA certified or qualified HCI when reviewed by race was inadequate among all identified races and ethnicities. Sexual orientation data are unavailable. A project for collecting sexual orientation data is outlined in IHN-CCO Health Equity Plan. Once the data is collected from member's access to OHA certified or qualified HCI access will be assessed by sexual orientation as well.

Moving Forward.

The overall system failure to provide OHA certified or qualified HCIs makes it difficult to outline specific gaps in care or disparities by REALD/GI because all groups are showing limited access to certified or qualified health care interpreters. Steps were taken in 2023 to improve the monitoring of qualified HCIs and support the collection of the health equity measure data. Those steps included: 1) Contracted with interpreter service vendors who have OHA certified or qualified HCI that providers can utilize at no cost to their organization; 2) Reduce the administrative burden of collecting the required data for each encounter by having the IHN-CCO contracted interpreter service vendor complete the submission. 3) Establish value-based payment bonus for providers to ensure all members with an interpreter service need are receiving an OHA certified or qualified HCI; and 4) Established a language service webpage for providers serving IHN-CCO members that includes information on our contracted vendors, FAQs, and additional resources for providers such as the OARs and provider trainings.

Previous projects in the CLAS TQS focus area aimed to improve access to interpreter services for specific areas of the IHN-CCO system, such as evaluating HCI access at clinics where a high percentage of their patients were limited English proficient. To have the ability to assess the competence of individuals providing language assistance, a broader approach needs to be established to evaluate the system as whole for providing an OHA certified or qualified HCI. Once this is accomplished gaps in care and disparities in accessing qualified interpreter services can be formally addressed.

D. Brief narrative description.

Improving the monitoring of the competence of individuals providing language assistance.

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The TQS project will focus on CLAS standard 7. The target population are IHN-CCO members ages 5 and older with an interpreter service need flagged in MMIS or if the member lists a specific interpreter need on their 834 that is not flagged in MMIS. The purpose of the project is to establish a single interpreter services monitoring report that includes the denominator data collected by IHN-CCO and the numerator data collected and reported by provider groups and contracted HCI service vendors. This transformative project aims to remove barriers for IHN-CCO members access to culturally and linguistically responsive care by aligning data collection and reporting for IHN-CCO contracted provider groups and HCI vendors. The project supports IHN-CCO's movement towards a health care delivery system that improves equitable access to care, help people with interpreter service needs effectively engage in their care, and reduce the risk of error due to inadequate interpreter services.

The project surrounds building a combined interpreter services monitoring report with both numerator and denominator data (denominator: encounters with an interpreter service need; numerator: if the encounter received an interpreter service by an OHA certified or qualified interpreter or a provider who passed an OHA approved language proficiency test) that can be used to assess inequities in accessing OHA certified or qualified HCI by place of service and member REALD/SOGI components. To effectively build the report, IHN-CCO will need to improve numerator data collection from HCI vendors and provider groups. The project will complete the following to reach the goal having an interpreter services monitoring report to monitor the competence of interpreter services in the IHN-CCO service area:

- Document HCI vendor and contracted provider organization workflows for accessing a certified or qualified health care interpreter at the time of the appointment.
- Document HCI vendor and contracted provider organization workflows for collecting and reporting the health equity numerator data needed to match the IHN-CCO denominator report.
- Conduct SWOT analysis on current workflow to identify gaps and opportunities to grow.
- Opportunities to grow identified in the SWOT analysis will be infiltrated into the workflows and tested using a PDSA cycle (example in **Figure 1.**).

Figure 1. PDSA cycle example Plan Plan Do Do Do new workflows Do new workflows improve access to support entities an OHA Certified or correctly collecting qualified HCI at the and documenting time of the the HCI data needed encounter? for the data report? Act Study Act Study

IHN-CCO has established a team of quality and health outcomes staff, contracting, and IS teams to support the implementation of the project. The quality and health outcomes team is working 1:1 with providers groups and the HCI vendors to document the workflows, complete the SWOT analyses and accomplish the PDSA projects. The

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IS team is responsible for configuring the interpreter services monitoring report and ensuring the data sent from provider groups and HCI services vendors has less than 5 percent error. Contracting monitors the relationships with the HCI service vendors. If any aspects arise in the PDSA cycles, such as additional data the vendors will need to collect to support the interpreter services monitoring report, contracting will be responsible for updating this information in the HCI vendors contracts.

E. Activities and monitoring for performance improvement (duplicate until all activities and measures are included)

Activity 1 description: Ensure the data submitted for the interpreter services monitoring report has less than 5% error by establishing quality improve projects focused on improving data collection and accessing OHA certified or qualified health care interpreters with IHN-CCO contracted HCI service vendors and provider groups who are contracted with IHN-CCO.

 \boxtimes Short term or \square Long term

contracted prov			•	ervice vendors and a min participate in a PDSA cy	
Baseline or current state	Targe	et/future state	Target met by (MM/YYYY)	Benchmark/future state	Benchmark met by (MM/YYYY)
documented on docu		oflows are mented for cipating ies.	01/2025	PDSA cycle is complete on entity's workflows to evaluate effectiveness.	01/2026
Monitoring measure 1.1		Development of denominator d	• •	report with combined	numerator and
Baseline or current state	Targe	et/future state	Target met by (MM/YYYY)	Benchmark/future state	Benchmark met by (MM/YYYY)
Health Equity data report has report significant num		th Equity data rt has < 8% erator data rting error.	07/2025	Health Equity data report has < 5% numerator data reporting error.	01/2026

^{*}entities are defined as IHN-CCO HCI contracted vendors and IHN-CCO contracted provider groups.

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Activity 2 description: IHN-CCO can effectively assess the competence of language services for members with limited English proficiency by establishing an interpreter services monitoring report for assessing access to OHA certified and qualified HCI by location, age, type of service, and REALD/SOGI.

 \square Short term or \boxtimes Long term

Monitoring measure	2 1	Develonment c	of a Health Equity Data	report with combined r	numerator and	
Widintolling lineasure	2.1	denominator d		report with combined i	idiliciator and	
D P	I -			B	Beeck and and	
Baseline or current	large	et/future state	Target met by	Benchmark/future	Benchmark met by	
state			(MM/YYYY)	state	(MM/YYYY)	
Health Equity data	Heal	th Equity data	07/2025	Health Equity data	01/2026	
report has	repo	rt has < 8%		report has < 5%		
significant	num	erator data		numerator data		
numerator data	repo	rting error.		reporting error.		
errors.						
Monitoring measure	2.2	REALD and SOC	I data are integrated into the interpreter service monitoring report.			
Baseline or current	Targe	et/future state	Target met by	Benchmark/future	Benchmark met by	
state			(MM/YYYY)	state	(MM/YYYY)	
No REALD/SOGI	Mem	nber surveys	01/2026	REALD and SOGI	1/2027	
data, in accordance	will t	e sent to IHN-		data are included in		
with House Bill	CCO	members		the interpreter		
2359, are	using	g OHA approve		services monitoring		
integrated into the	REAL	D/SOGI data		report to assess		
interpreter services	colle	ction tools and		disparities.		
monitoring report.	data	are integrated				
	into	the data				
	ware	house to be				
	pulle	d for the				
	inter	preter services				
	mon	itoring report.				

Activity 3 description: Ensure the competence of individuals providing language assistance, recognizing that the use of untrained individuals and/or minors as interpreters should be avoided, by utilizing the interpreter services monitoring report.

_		•	IHN-CCO equitably improves access to OHA certified or qualified HCI for people with an interpreter service need registered in MMIS.				
Baseline or current Target/future state state		Target met by (MM/YYYY)	Benchmark/future state	Benchmark met by (MM/YYYY)			
IHN-CCO did not meet their improvement target for MY2023.		CCO will meet improvement it.	01/2026	IHN-CCO will meet their improvement target annually.	1/2027		

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Project #3- Community Led Behavioral Health Intervention Models

A.	Project title: Community Led Behavioral Health Intervention Models
Co	ntinued or slightly modified from prior TQS? \square Yes \boxtimes No, this is a new project
If c	continued, insert unique project ID from OHA: N/A
В.	Components addressed
	Component 1: Health equity: Cultural responsiveness. Component 2 (if applicable): Choose an item.
	Component 3 (if applicable): Choose an item.
	Does this include aspects of health information technology? $\ \square$ Yes $\ \boxtimes$ No
	If this is a CLAS standards project, which standard does it primarily address? Choose an item

C. **Project context:** Complete the relevant section depending on whether the project is new or continued.

High-risk and under-resourced communities have reached out to request the development of culturally responsive, equitable programs designed to provide focused support and navigation in a system that is often hostile. In addition to clearly identifying the need for such support services, these communities have also pointed towards potential solutions that are both innovative and driven by lived experience.

Communities that face elevated levels of health inequities and health disparities may be perceived as high-risk, and while there is a myriad of data that clearly illuminates adverse health outcomes for these communities, resiliency, community-building and development of mutual aid networks, and depth of invaluable lived experience is often overlooked. When it comes to navigating a system that is unfamiliar, often unaffirming, and not always set up to meet the needs of marginalized communities, the mental and emotional impact of that process may result in harm, care avoidance, or poorer health outcomes – aside from experiences that may take place within the context of direct services. Culturally responsive services have been shown to help mitigate these impacts.

IHN-CCO's service area includes depression and suicide that are higher than the average rates in Oregon, including one of the highest suicide rates in the state in Lincoln County. Similarly, behavioral health encompasses four or the top five most common diagnoses for IHN-CCO members, with depression, anxiety, and SUD being some of the costliest conditions overall for IHN-CCO members. The building of culturally responsive, community led mental health programming is essential to the development of an effective response that addresses the ongoing systemic inequity, bias, and access challenges.

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Figure 8-5: Age adjusted number of deaths by suicide per 100,000 people by year and location

Data source: Oregon Violent Death Dashboard

Time period: 2018-2020

For more information: https://www.oregon.gov/oha/PH/DiseasesConditions/InjuryFatalityData/Pages/nvdrs.aspx

The priority populations selected for this project were jointly supported by community feedback through our Community Advisory Council, Delivery System Transformation Committee, members' lived experiences, and a review of our Regional Health Assessment.

LGBTIQA2S+ Community with an emphasis on transgender and gender diverse communities:

Recent national survey data demonstrated the extent of the mental health crisis for LGBTIQA2S+ youth in particular with over 40% of Oregon youth surveyed indicating suicidal thoughts, a rate that rose to 54% for nonbinary and trans youth¹. Regional advocates spoke to the need for expanded programming beyond traditional peer support that includes health navigation, advocacy within medical systems, and affirming partnership.

Older Adults:

The World Health Organization found that globally over a quarter (27.2%) of suicides occur in people over the age of 60² while in the US there has been a 13% rise in senior suicides in the last decade. People of Color and people in rural areas had the highest increases, with 'significant increases in suicide death rates in rural areas' 3. Lincoln County Oregon has a substantially older population than other areas of the IHN-CCO region as well as a notably high suicide rate 4. These factors, combined with community feedback, indicated that mental health interventions led by peers could benefit both the mental and physical health of that community. While Lincoln County's high suicide rate is not driven by the senior population, there is potential that lessons learned from the model may inform future interventions.

¹ The-Trevor-Project-2022-National-Survey-on-LGBTQ-Youth-Mental-Health-by-State-Oregon.pdf (thetrevorproject.org)

² Mental health of older adults (who.int)

³ A Look at the Latest Suicide Data and Change Over the Last Decade | KFF

⁴ 2022 Regional Health Assessment (ihntogether.org)

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80 to 84 75 to 79 70 to 74-65 to 69 60 to 64 55 to 59 50 to 54 Sex 40 to 44 35 to 39 30 to 34 25 to 29 20 to 24 15 to 19 10 to 14 5 to 9

Percentage

Figure 2-4: Population pyramid for Lincoln County

Data source: United States Census Bureau, America Community Survey, Table B01001

Time period: 2016-2020

For more information: https://data.census.gov/cedsci/

Table 6-2: Number of deaths per 100,000 people by leading causes of death and location

Cause of Death	Benton	Lincoln	Linn	Oregon
Malignant neoplasms (cancer)	152.1	356.1	253.7	194.2
Diseases of the heart	138.4	262.9	262.3	172.7
Cerebrovascular diseases	35.9	66.3	94.3	52.4
Accidents (unintentional injuries)	34.9	105.6	72.3	57.8
Alzheimer Disease	34.9	39.3	44.0	47.1
Diabetes mellitus	21.1	72.5	33.0	31.8
Chronic lower respiratory diseases	18.0	76.6	51.1	46.1
Chronic liver disease and cirrhosis	12.7	43.5	22.0	19.5
COVID-19	10.6	29.0	27.5	33.6
Essential hypertension and hypertensive renal disease	10.6	24.8	24.3	15.8
Intentional self-harm (suicide)	9.5	29.0	17.3	19.6

Data source: OHA Center for Health Statistics

Time period: 2020

 $For more information: https://visual-data.dhsoha.state.or.us/t/OHA/views/CountyDash/CountyDash_cause$

Houseless Individuals with Disabilities:

Individuals with disabilities, particularly IDD have high risk of co-occurring mental health conditions and have been poorly served by the traditional mental health system⁵. SAMSHA recommends the utilization of a Bio-

⁵ <u>Persons With Intellectual and Developmental Disabilities in the Mental Health System: Part 1. Clinical Considerations | Psychiatric Services (psychiatryonline.org)</u>

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Psycho-Social model to address the behavioral and social determinants of health needs of this high-risk population⁶. The IHN-CCO region includes higher than average disability rates, including both cognitive and ambulatory disabilities⁷ and recognizing the high levels of disability in the unhoused community, a partnership was proposed to assess peer led programming at a daytime use and outreach center that works with unhoused individuals.

Table 2-7: Percent of population per age group with disability by location

Age	Benton	Lincoln	Linn	Oregon
Under 5 years	0.4%	0.0%	0.0%	0.7%
5 to 17 years	4.8%	7.9%	7.0%	6.2%
18 to 34 years	7.6%	12.9%	11.3%	8.4%
35 to 64 years	10.5%	22.2%	17.1%	13.6%
65 to 74 years	18.4%	30.1%	31.1%	26.0%
75 years and over	42.9%	51.4%	51.7%	49.6%

Data source: United States Census Bureau, America Community Survey, Table S1810

Time period: 2016-2020

For more information: https://data.census.gov/cedsci/

D. Brief narrative description

The populations being addressed for the TQS Community Led Behavioral Health Intervention Models are:

- LGBTQIA2S+ community, with an emphasis on transgender and gender diverse communities.
- Older adults.
- Houseless individuals and those facing housing insecurity.
- Disability community.

While the project focuses on these four populations, it is imperative to note the diverse intersecting identities that many individuals within these communities have. This list is not exhaustive, nor does it capture the complex and layered identities that individuals within these populations may have.

Peer Delivered Services (PDS) provide a model for the integration of community-based services into Oregon's Medicaid Traditional Health Worker payment model. However, existing models are primarily reactive, and treatment focused, and the need has been identified for a proactive, preventative model of PDS as a health equity focused approach to individual and community health. Currently, both formal and informal community-based programming exists to provide support, guidance, and leadership navigating health systems. The development of

⁶ PowerPoint Presentation (nasmhpd.org)

⁷ 2022 Regional Health Assessment (ihntogether.org)

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OHA approved Traditional Health Worker (THW) programming would provide a sustainable model for CCO partnerships with leaders in underserved communities.

IHN-CCO Engagement & Transformation team will be providing collaborative, administrative support for community-led program development of a model of PDS that focuses on prevention rather than treatment; on resilience rather than pathology, showing leadership among CCOs. By providing resources for the development of a cohort of peers from communities with high levels of health inequities and higher risk of mental health diagnoses, including the LGBTQIA2S+ community, seniors, houseless folks, and persons with disabilities, will be an innovative step forward in providing culturally competent services that meet community-identified needs in a manner that is consistent with honoring communities' ability to take ownership in defining their own wellness.

Project Structure:

The first phase of this work will focus on developing the scope of work. Identified community partner organizations will meet at a self-determined cadence to explore community needs, identify community-informed strategies, and develop measurable goals and outcomes. A community-identified coordinator will support materials development (e.g., agendas, minutes, etc.), schedule meetings, follow up with workgroup members as needed, and report on workgroup-developed metrics.

Project Process:

In keeping this work genuinely informed by community need, it is integral that community is intentionally involved at the ground level. This includes working collaboratively to define roles and build a scope of work, giving community decision making power, and ensuring that the course of this work is shaped by and responsive to those with lived experience. IHN-CCO will provide funding to three community partner organizations who are both representative of and serve one or more marginalized communities. Utilizing a non-hierarchical, collaborative approach, IHN-CCO will support this group as needed, but will be mindful to not dictate any aspect of the work. Meetings between IHN-CCO and identified community partners will begin in January 2024. Community members with intersecting identities often face additional health disparities, as the layered and overlapping facets of their lives place them at the crossroads of varying systems of oppression and institutional violence. As such, collaborating with organizations led by and/or serving folks with diverse, intersecting identities will not only better reflect the diversity of IHN-CCO members, but also lend invaluable lived experience and community perspectives to this work, which would be of great benefit to members receiving these support services.

Future State of Project:

Ultimately, the long-term goal is for a group of peers to provide direct support services to subpopulations of IHN-CCO members whose unique needs may be unmet by current models of Peer Delivered Services. However, the final outcome of this idea will be shaped by the culturally specific partner organizations that develop the scope of work. Generally speaking, the idea is that through combining professional training with lived experience and community knowledge, these set of peers would build meaningful relationships, assist in resource and healthcare system navigation, provide comprehensive case management, and serve as a key touchpoint between the member and their provider(s).

In addition to direct service, a critical piece of the peers' roles could reside in conducting meaningful outreach to providers and community-based organizations with the intention of increasing resource awareness and fostering relationships. Furthermore, peers will engage with their communities to develop trusting relationships, familiarity,

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and build a growing knowledge base of current issues and needs. In this way, referrals can occur organically, and community-based data can be utilized to directly inform equitable decision making and program growth.

The central tenant of this model is that it is responsive and adaptive to community needs. Should challenges or barriers arise, the communities being served would be regarded as key stakeholders and decision-makers in developing strategies and creative solutions to move forward. This may include inviting community members to sit on pertinent steering committees, work groups, or participate in other decision-making spaces where their input would be not only welcomed but centered and valued. As an innovative model of peer delivered services, this pilot has the potential to be both scalable and replicable. This may take shape through developing a technical assistance or learning model open to community-based organizations that would like to take the next step in growing non-traditional, prevention and positive health-focused peer delivered service models into their work, or through sharing challenges and successes regarding the pilot to other CCOs.

E. Activities and monitoring for performance improvement.

Activity 1 description: Understand the target population's need for mental health supports by establishing relationships with community partners who work directly with the target population(s)

 \boxtimes Short term or \square Long term

Monitoring measure		Partner organizations who serve the target population will engage in the TQS project.					
1.1							
Baseline or current Tai		rget/future state	Target met by	Benchmark/future	Benchmark met by		
state			(MM/YYYY)	state	(MM/YYYY)		
partnership is es established to or support se understanding the target population's need.		rtnerships are tablished with ganizations who rive the following mmunities: BTQIA2S+ (with emphasis on insgender and inder diverse mmunities); der adults;	01/2025	Community partners have documentation outlining each specific population's mental health needs.	07/2025		
ins		useless and ecure housing dividuals;					
Disability communit		•					
Monitoring measure		Partner organizat	ions who serve the tar	get population will ider	ntify a project		
1.2	1.2		e dedicated to the TQS	S project.			
Baseline or current	Tai	rget/future state	Target met by	Benchmark/future	Benchmark met by		
state			(MM/YYYY)	state	(MM/YYYY)		
No project	Ea	ch participating	01/2025	The assigned	01/2025		
coordinators are	org	ganization will		coordinator will			
assigned.		ve one project		drive each			

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coordinator	designated sites	
assigned to the TQS	project.	
project.		

Activity 2 description: Support a community driven project focusing on improving the target population's mental health resources by establishing a scope of work for each target population.

 \square Short term or \boxtimes Long term

Monitoring measure 2.1		organizations t population's (L	A scope of work (i.e., action plan with SMARTIE goals) will be developed by partner organizations that includes targeted goals and objectives for improving each population's (LGBTQIA2S+, Older adults, Houseless and insecure housing individuals, Disability community) mental health resources.			
Baseline or current	Targe	et/future state	Target met by	Benchmark/future	Benchmark met by	
state			(MM/YYYY)	state	(MM/YYYY)	
Collaboration to	Proje	ect	12/2025	SMARTIE goals are	07/2025	
complete the scope	coor	dinators will		established within		
of work is not	of work is not convene to			the scope of work.		
occurring.	occurring. estab					
of work.		ork.				
Scope of work is	Actio	n plans are	01/2026	Community partners	01/2027	
not implemented.	estal	olished by		begin implementing		
project			their designated			
coordinators to			action plans within			
	imple	ement the		the scope of work.		
	scop	e of work.				

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Project #4- Oral health integration at behavioral health facilities

A.	Project title: Oral health integration at beha	aviora	l health facilities
Co	ntinued or slightly modified from prior TQS? $\;\;\Box$	∃Yes	oxtimes No, this is a new project
If c	continued, insert unique project ID from OHA: N/	/A	

B. Components addressed.

- 1. Component 1: Oral health integration.
- 2. Component 2 (if applicable): Choose an item.
- 3. Component 3 (if applicable): Choose an item.
- 4. Does this include aspects of health information technology? \square Yes \boxtimes No
- 5. If this is a CLAS standards project, which standard does it primarily address? Choose an item
- C. **Project context:** Complete the relevant section depending on whether the project is new or continued.

Heavy alcohol use, methamphetamine, cocaine, and opioid use significantly impact oral health outcomes. Feedback from IHN-CCO Dental Care Organizations (DCO) indicates people with substance use disorder (SUD) are difficult to engage in oral health services and have a high no-show rate. Anecdotally, the evidence demonstrates that IHN-CCO members with SUD are hesitant to visit the dentist due to anxiety and trauma, embarrassment because of the current state of their oral health, being stigmatized or shamed for having SUD, and fear of the cost of care due to not understanding their dental benefits. IHN-CCO established a focused measure in the DCO's value-based payment contract to support access to oral health services for people with SUD; however, in 2023 only 28.3 percent of people with a diagnosis of SUD had an oral health service.

Table 1. has the percentage of IHN-CCO members with an SUD diagnosis by racial and ethnic identity. Most members with SUD identify as white. When reviewing disparities by race and ethnicity, members who are Native American or Alaska Native have the lowest oral health service utilization compared to other race and ethnic populations.

Table 1. IHN-CCO members with substance use disorder who had an oral health service by race and ethnicity.				
	Eastern European			
	Middle Eastern			
White	North Africanand	41.9%		
writte	Other White	41.9%		
	Slavic			
	Western European			
	Asian Indian			
	Cambodian			
Asian, Pacific Islander, and/or Native Hawaiian	CHamoru (Chamorro)	5.5%		
	Chinese			
	Communities of Micronesian Region			

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	Communities of Myanmar		
	Filipino/a		
	Japanese		
	Marshallese		
	Native Hawaiian		
	Other Asian		
	Other Pacific Islander		
	Samoan		
	Vietnamese		
	African American	2.4%	
Black/African American	Afro-Caribbean		
biack/Affican Affierican	Other African (Black)		
	Other Black		
	Central American		
Hispanic or Latinx	Mexican	13.7%	
riispanic or Latinx	Other Hispanic or Latino/a/x/e	13.776	
	South American		
	Alaska Native		
Native American or Alaska Native	American Indian	3.2%	
	Indigenous Mexican, Central or South	3.270	
	American		
Other Race / Multiple Races	Other race	1.7%	
	Race Unknown	31.6%	

When reviewing IHN-CCO members with SUD by language, most members report speaking English only. About 1.2 percent report other languages including Vietnamese, German, Spanish, and Russian. The numbers are small, but there are disparities present by preferred language. Members with SUD who speak English complete their annual oral health services at a higher rate than members who report a language other than English. About 17.3 percent of the population with SUD had a known disability. The most prevalent disability were people who reported having a limitation but who can live independently or care for themselves. The percentage of members with an SUD diagnosis and a disability who had an oral health service in 2023 (27.2%) was slightly lower than people with no disability (28.2%); however, the difference in uptake is minimal. Less than 1 percent of IHN-CCO members with a diagnosis of SUD were not cisgender. This includes members who identify as transgender or non-binary. About 12.9 percent of the population's gender identity is unknown. The small numbers make it difficult to measure disparities, but oral health services were provided to people with SUD who identify as transgender or non-binary. To ensure equity, potential disparities among this population will need continued assessment.

D. Brief narrative description

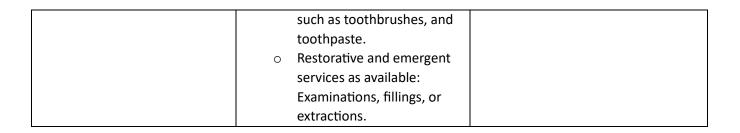
Previous oral health integration projects focused on integrating oral health services at primary care settings, such as improving access to fluoride varnish in primary care clinics and supporting HbA1c testing at oral health facilities

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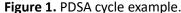
for people with diabetes. For the current oral health integration TQS project, IHN-CCO will evaluate the integration of oral health services at Substance Use Disorder (SUD) treatment facilities with the goal of improving oral health service utilization for people with SUD. The target population are IHN-CCO members with a diagnosis of substance use disorder, including alcohol use disorder, opioid use disorder, and other drug use disorder (diagnosis codes that fall into the initiation and engagement HEDIS measure). Three SUD treatment facilities agreed to participate in the pilot program: Lincoln County Health and Human Services, Linn County Alcohol and Drug, and ReConnections Counseling. These SUD treatment facilities were chosen because they have the highest number of claims for SUD treatment for IHN-CCO members over a six-month period. The DCO partnering with the SUD treatment facilities is Capitol Dental. Capitol Dental is the largest DCO in IHN-CCO service region (over 60% of IHN-CCO membership is assigned to Capitol Dental). Capitol Dental has a dental van and portable dental equipment that can be transported to the SUD treatment facilities. The goal is to provide oral health services at each SUD treatment facility once a quarter (equals a total of 24 hours of time spent per quarter providing oral health services at the three SUD treatment sites).

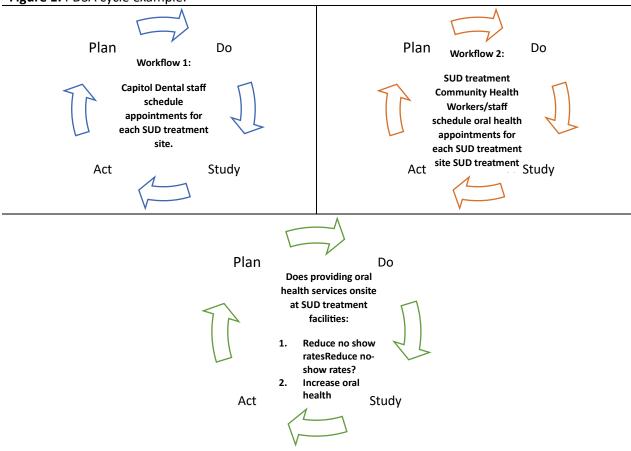
	Roles and Responsibilities								
	IHN-CCO		Capitol Dental		Participating SUD treatment facilities				
•	Ensure Capitol Dental has an updated gap list for their SUD and oral health measure to conduct outreach and schedule appointments with members at the appropriate SUD facilities. Track project implementation efforts and support DCO and SUD facilities with implementation barriers. Establish an evaluation plan.	IH pa fac Tra eq tre O	services once a month at each participating SUD facility location. ovide the following services to N-CCO members at the SUD eatment facility. Oral Health Assessments. X-rays. Intraoral photos. Sealants. Fluoride varnish. Silver diamine fluoride. Teeth cleanings. Periodontal therapy services.	•	Have a room available for Capitol Dental staff to set up dental equipment and privately see patients. Provide a check-in and waiting area for patients. Help market access to oral health services with their clients to reduce no shows. Schedule oral health appointments (select facilities).				

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Two PDSA cycles will be completed to evaluate the best workflow for improving engagement in oral health services at the SUD treatment sites (see **Figure 1.** for an example). A third PDSA will be completed to evaluate the benefits of having oral health integration at SUD treatment facilities.



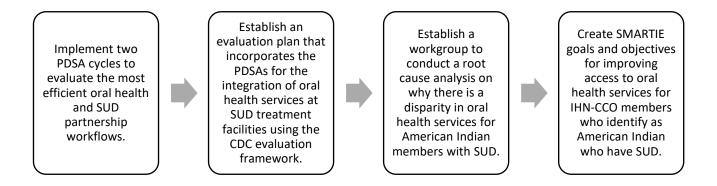


The REALD/SOGI analysis identified disparities in oral health utilization among members who identify as American Indian. To support equitable access to oral health services, quality and health outcomes staff will partner with IHN-CCO tribal liaison and Health Equity Liaison staff, SUD treatment partners, and oral health partners to conduct a Root Cause Analysis. The goal of the Root Cause Analysis is 1) Identify the underlying cause(s) for why there is such a large disparity in accessing oral health services for American Indian IHN-CCO members; 2) Establish root causes that are in IHN-CCO's control to change and/or improve on; and 3) Establish a precise SMARTIE goal(s) for removing disparities in oral health screenings among American Indian IHN-CCO members with SUD.

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For year one, the desired outputs are outlined in Figure 2.

Figure 2. The outputs IHN-CCO expects to accomplish in year one of the oral health integration TQS project.



E. Activities and monitoring for performance improvement (duplicate until all activities and measures are included)

Activity 1 description: Evaluation plans will be established using the PDSA format for understanding the impact of integrating oral health services at SUD treatment facilities.

 \boxtimes Short term or \square Long term

Monitoring measure		Evaluation plans will be documented using the PDSA format for each research				
1.1		question.				
Baseline or current Ta		rget/future state	Target met by	Benchmark/future	Benchmark met by	
state			(MM/YYYY)	state	(MM/YYYY)	
No evaluation plans	Eva	aluation plans	01/2025	Research questions	01/2026	
are documented.	are	e documented for		are tested and		
	ea	ch research		studied using the		
	qu	estion using the		PDSA format.		
	PD	SA format.				

Activity 2 description: Integrating oral health services at SUD treatment facilities to improve oral health service utilization for IHN-CCO members with SUD.

 \square Short term or \boxtimes Long term

Monitoring measure 2.1	The oral health s	ervice utilization rate	e for IHN-CCO members w	ith SUD
Baseline or current	Target/future state	Target met by	Benchmark/future	Benchmark met by
state		(MM/YYYY)	state	(MM/YYYY)
28% of IHN-CCO	30% of IHN-CCO	01/2026	35% of IHN-CCO	01/2027
members with SUD	members with SUD		members with SUD	
had an oral health	have an oral health		have an oral health	
service in 2023.	service completed.		service completed.	

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Activity 3 description: Reduce the oral health service disparity for IHN-CCO members who identify as American Indian or Alaska Native by partnering with IHN-CCO Tribal liaison and SUD treatment facilities who support American Indian and Alaska Native populations to review potential barriers for the population (i.e., cultural barriers, transportation, or access barriers, etc.).

 \square Short term or \boxtimes Long term

Monitoring measure 3.1		Assess barriers for accessing oral health services for IHN-CCO members with SUD who are identify as Native American or Alaska Native					
Baseline or current state	Targe	et/future state	Target met by (MM/YYYY)	Benchmark/future state	Benchmark met by (MM/YYYY)		
23.4% of IHN-CCO members with SUD who identify as American Indian or Alaska Native had an oral health service in 2023 (21% lower than the total IHN-CCO population).	scree betw Ame Nativ	health ening disparity een Native rican or Alaska re populations educe by 3%.	01/2026	31.1% of IHN-CCO members who identify as American Indian with an SUD diagnosis have an oral health service.	01/2027		

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Project #5- Supporting PCPCH Member Enrollment

	-	• •	_				
A.	Project title: S	Supporting	PCPCH Member	Enrolln	nent		
Co	ntinued or slight	tly modified	from prior TQS?	□Yes	\boxtimes No, this is a new project		
If c	f continued, insert unique project ID from OHA: N/A						

B. Components addressed

- 1. Component 1: PCPCH: Member enrollment.
- 2. Component 2 (if applicable): Choose an item.
- 3. Component 3 (if applicable): Choose an item..
- 4. Does this include aspects of health information technology? \square Yes \boxtimes No
- 5. If this is a CLAS standards project, which standard does it primarily address? Choose an item.
- C. **Project context**: Complete the relevant section depending on whether the project is new or continued.

IHN-CCO did not meet the Patient-Center Primary Care Homes (PCPCH) member enrollment requirements for 2022 and 2023. Ensuring IHN-CCO members have equitable access to a PCPCH is a high priority for IHN-CCO because PCPCH's support the patients' health by enhancing care coordination services, supporting transitions of care, increasing access to care, and improving member engagement. Approximately 8.1% of IHN-CCO members are not assigned to a PCPCH recognized clinic. There are specific disparities in PCPCH enrollment when reviewed by county of residence, age, race and ethnicity, language, disability, and gender identity.

The IHN-CCO service region serves Benton, Lincoln, and Linn Counties. Benton County houses most of the health services, as well as community-based services that support health outcomes. Non-PCPCH enrollment is much lower in Benton County (8.3%) compared to Lincoln (16.2%) and Linn (15.2%) Counties. When reviewed by age, IHN-CCO members ages 18-24 have the lowest PCPCH enrollment rate (9.4%). General race profiles show minimal disparities in PCPCH enrollment, as shown in **Figure 1**.; however, reviewed by specific race and ethnic identity, PCPCH enrollment disparities are present among members who identify as Cambodian (28% non-PCPCH enrollment), Communities of Myanmar (10.3% non-PCPCH enrollment), and Ethiopian (20% non-PCPCH enrollment). About 1% of the non-PCPCH enrolled members are one of the following gender identities: transgender, non-binary, both genderfluid and/or genderqueer (could include other identities), multiple genders but not genderfluid or genderqueer, agender/no gender, and/or questioning. The largest disparity in PCPCH enrollment was among people who are transgender (9.1% non-PCPCH enrollment). About 17.3% of IHN-CCO members report having a disability. Of those with a disability, 7.5% are not enrolled in a PCPCH. Enrollment in PCPCH was similar when reviewed by preferred language, but members who report speaking Russian/Ukrainian had slightly lower PCPCH enrollment.

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Race and Ethnicity Unknown Race and ethnicity group Multiple Races or Other Race 7.6% Native American or Alaska Native Hispanic or Latinx 7.5% Black of African American Asian 7.5% White 7.6% 0.0% 2.0% 4.0% 6.0% 8.0% 10.0% 12.0% % of IHN-CCO with no PCPCH enrollment

Figure 1. The percent of IHN-CCO members who are not assigned to a PCPCH by race and ethnicity.

Sexual Orientation data is unavailable. IHN-CCO is currently working on accomplishing the requirements outlined in House Bill 2359 to ensure the data collection of REALD/SOGI on IHN-CCO members is updated annually. A REALD/SOGI survey is being established using OHA approved data collection tools. Once approved by OHA the survey will be used to collect and report sexual orientation data. The data will be integrated into IHN-CCO data warehouse to ensure data are segmented by REALD/SOGI for the effective assessment of disparities.

D. Brief narrative description

The following TQS project will focus on improving PCPCH enrollment for all IHN-CCO members no matter their age, location, or REALD/SOGI. A SWOT analysis was conducted to understand the current gaps and opportunities to improve.

Strengths

- Data infrastructure for assessing inequities in PCPCH enrollment.
- Positive internal partnerships between enrollment department and quality and health outcomes team.

Weaknesses

- PCPCH enrollment systems are not operationalized.
- Documentation and workflows for assigning members to a PCPCH are not up-to-date or are non-existent.
- A high percent of members'
 REALD/SOGI demographics are unknown.
- There are disparities in PCPCH enrollment.

Opportunities to Grow

- Standardizing how IHN-CCO members are equitably enrolled in PCPCH – including documenting workflows and creating policies and/or procedures.
- Training all staff on the process for equitably enrolling IHN-CCO members into a PCPCH.
- Creating a sustainability plan to ensure PCPCH enrollment is prioritized and equitable.

Threats

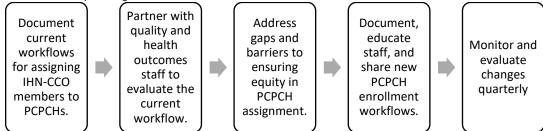
- High staff turnover in enrollment department.
- Silos within the enrollment team and external departments.

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 Evaluate PCPCH enrollment on a quarterly basis by REALD/SOGI to ensure zero disparities in PCPCH enrollment.

IHN-CCO enrollment and quality and health outcomes departments will partner to conduct a PDSA (Plan, Do, Study, Act) cycle for establishing, implementing, and evaluating the PCPCH enrollment process (example in **Figure 2.**)

Figure 2. Process for improving PCPCH member enrollment.



Once enrollment and quality and health outcomes staff have evaluated the PCPCH workflow, the final process will be sent to the Quality Improvement Committee (QIC). Once the QIC members have collectively approved the process, the PCPCH enrollment process will be operationalized. When a process is operationalized, formal department policies and processes/procedures are established. IHN-CCO reviews policies and procedures on an annual basis to ensure the process and policy are up-to-date and effective. In addition, PCPCH enrollment will be evaluated biannually at the QIC meeting to ensure there are zero REALD/SOGI disparities in PCPCH enrollment.

E. Activities and monitoring for performance improvement (duplicate until all activities and measures are included)

Activity 1 description: PCPCH enrollment is operationalized by establishing effective workflows that include health equity components.

 \boxtimes Short term or \square Long term

Monitoring measure		Document PCPCH	enrollment workflows	5.		
1.1						
Baseline or current	Та	rget/future state	Target met by	Benchmark/future	Benchmark met by	
state			(MM/YYYY)	state	(MM/YYYY)	
No documentation.	W	orkflows are	01/2025	Workflows complete	01/2026	
	do	cumented.		a PDSA cycle and are		
				approved by QIC.		
Monitoring measure		REALD/SOGI PCPO	REALD/SOGI PCPCH enrollment disparities are eliminated.			
1.2						
Baseline or current	Та	rget/future state	Target met by	Benchmark/future	Benchmark met by	
state			(MM/YYYY)	state	(MM/YYYY)	

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No PCPCH	PCPCH workflows	01/2025	No disparities in	01/2026
enrollment	include health		REALD/SOGI are	
workflow addresses	equity components.		present in PCPCH	
health equity.			enrollment.	

Activity 2 description: IHN-CCO meets OHA's PCPCH enrollment threshold by operationalizing PCPCH enrollment strategies.

 \square Short term or \boxtimes Long term

Monitoring measure 2.1		IHN-CCO meets OHA PCPCH enrollment threshold.				
Baseline or current	Saseline or current Target/future state		Target met by	Benchmark/future	Benchmark met by	
state			(MM/YYYY)	state	(MM/YYYY)	
Did not meet OHA	Meet	s OHA PCPCH	01/2026	IHN-CCO consistently	01/2027	
PCPCH enrollment	enrol	lment		meets/exceeds OHA		
threshold.	thres	hold.		PCPCH enrollment		
				threshold.		

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Project #6- Supporting PCPCH Tier Advancement

Α	Proje	ct title:	Supr	orting	PCPCH	Tier	Advancement
/ \·	1 1010		JUDI			1101	/ tavarice inclie

Continued or slightly modified from prior TQS? \square Yes \square No, this is a new project

If continued, insert unique project ID from OHA: 436

B. Components addressed.

- 1. Component 1: PCPCH: Tier advancement.
- 2. Component 2 (if applicable): Choose an item.
- 3. Component 3 (if applicable): Choose an item..
- 4. Does this include aspects of health information technology? \square Yes \boxtimes No
- 5. If this is a CLAS standards project, which standard does it primarily address? Choose an item.

C. **Project context:** Complete the relevant section depending on whether the project is new or continued.

IHN-CCO's previous years' efforts included engaged Creach Consulting Group, LLC to provide TA in support of evidence-based PCPCH tier advancement, integrate traditional health workers, and help clinics achieve fidelity-based integrated behavioral health services. This was offered to PCPs by IHN-CCO at no cost. Throughout 2022 and parts of 2023, Creach Consulting Group, LLC, continued to provide consultation, TA, and coaching to develop and support evidence based PCPCH services at primary care clinics. This consists of the following activities: Conducting a follow-up survey on engagement activities with PCP clinics; Providing additional resources and support for the process of PCPCH recognition, application renewal, and site visits; Providing Traditional Health Worker and Behavioral Health Integration support; Providing consultation on managing metrics gap lists; and Obtaining consultation related to enhancing VBP agreements.

In 2023 PCPCH tier advancement results were:

- One Level 2.
- Three Level 3.
- 86 Level 4.
- 20 Level 5.
- 1 Clinic remained a Level 2.
- All Level 3 clinics remained at a level 3.
- 10 of the Level 4 clinics increased to a Level 5.
- Level 5 clinics remained at Level 5.

IHN-CCO met its goal of 5 PCPCH's at tier 3 or lower as evidenced by 4 providers being level 2 or level 3. **Table 1.** outlines the monitoring measures for 2023 and the outcome.

Table 1. Results of 2023 PCPCH Tier Advancement Project Monitoring Measures.						
Monitoring Measures	Measure Outcome	Mitigation Efforts/Changes for 2024				
The percent of IHN-CCO members covered under a tiered PCPCH.	Not Met – IHN-CCO did not meet OHA's PCPCH enrollment threshold for 2023.	IHN-CCO is building a TQS PCPCH member enrollment project to review the current process for enrolling members into a PCPCH.				

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The percent of IHN members under an at-risk PCP VBP.	Met – IHN-CCO has worked diligently to get our PCP clinics into a risk based VBP (PCP).	IHN-CCO continues to improve our value-based contracting initiatives by establishing a value-based payment contract committee who reviews contracts for value-based payment approval.
PCPCH Tier Advancement	Met - IHN-CCO met their goal for supporting clinics PCPCH tier advancement for 2023.	Moving forward, IHN-CCO will support clinics who did not advance in 2023 and need additional supports.
PCP TA Evaluation	Met - Survey initiated.	N/A
PCP Consultation Engagement	Not Met – IHN-CCO had a goal of 10% engagement with PCP clinic network. IHN-CCO has a network of 110 PCP Clinics. At year end of 2023 outreach and engagement through our consultant occurred with 11 clinics. This is a rate of 9% engagement. IHN-CCO did not meet their goal of 10% provider engagement.	As this goal was not met in 2023 a shift in resources has changed causing a shift in the direction of IHN-CCO PCPCH tier advancement engagement strategy. Moving forward IHN-CCO will use internal resources to provide focused provider engagement and support for PCPCH tier advancement.

Creach Consulting Group, LLC., is no longer a partner with IHN-CCO due to an end to the contractual relationship. Moving forward IHN-CCO will establish internal pathways for engaging with providers for enhancing PCPCH tier advancement. IHN-CCO will use lessons learned and best practices to develop strong relationships and increase engagement to meet PCPCH tier advancement goals.

D. Brief narrative description

The PCPCH project consists of two main components: 1) Target one or two practices and work with them to apply for Tier 5 PCPCH recognition; and 2.) Continued on-going support of providers who are actively engaged in PCPCH tier advancement.

Target area 1:

IHN-CCO provider network and contracting staff will continue to provide support and monitoring of PCPCH activities to help provider clinics advance in their PCPCH tier advancement journey. Monthly meetings will be established with specific clinics (Valley Clinics and Lincoln County Health and Human services) to discuss their quality measures for their VBP scorecards. During these meetings the clinical staff will be engaged regarding their technical assistance needs for PCPCH tier advancement. The technical assistance needs will be documented, and action plans will be developed by the provider network and contracting team on how to support the clinics with their tier advancement.

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Target area 2:

Target area two focuses on ongoing support for actively engaged PCPCHs who want to improve their tier advancement or sustain their current tier. These providers also have routine monthly and/or quarterly checking with quality and health outcomes staff and provider network and contracting. Their specific goals for PCPCH tier advancement will be documented and outlined during these meetings in 2024 to clearly understand their needs for improving or sustaining their current PCPCH level status.

E. Activities and monitoring for performance improvement (duplicate until all activities and measures are included)

Activity 1 description: Support tier advancement for Valley Clinics and Lincoln County Health and Human Services.

 \square Short term or \boxtimes Long term

Monitoring measure Support tier advancement for Valley Clinics and Lincoln County FQHC.					
1.1					
Baseline or current	Tai	rget/future state	Target met by	Benchmark/future	Benchmark met by
state			(MM/YYYY)	state	(MM/YYYY)
IHN-CCO is	IHI	N-CCO will	07/2025	Administer future	01/2026
currently not	ac	tively engage		consults to monitor	
engaging the two	wi	th clinics		PCPCH tier 5 status.	
identified clinics for	ou	tlined to			
this project in tier	inc	rease PCPCH			
advancement from	tie	r status from			
level 4 to level 5.	lev	el 4 to level 5.			
Monitoring measure		Provide ongoing s	support for clinics for F	PCPCH tier advancemen	t.
1.2					
Baseline or current	Tai	get/future state	Target met by	Benchmark/future	Benchmark met by
state			(MM/YYYY)	state	(MM/YYYY)
9% of PCP clinics in	IHI	N-CCO will	01/2026	IHN-CCO will	01/2027.
IHN-CCO's PCP	pro	ovide support		provide support	
clinic network	an	d engagement		and engagement to	
were engaged in	to 10% of PCP			15% of PCP clinics	
PCPCH tier	clinics in IHN-			in IHN-CCO's PCP	
advancement	CCO's PCP clinic			clinic network.	
consultation and	ne	twork.			
engagement.					

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Project #7- Nurture Oregon: Supporting Pregnant People with Substance Use Disorder and Mental Health Conditions

Α.	Project title: Nurture Oregon: Supporting Pregnant People with Substance Use Disorder and Mental				
	Health Conditions				
Cor	ntinued or slightly modified from prior TQS? \square Yes \square No, this is a new project				

If continued, insert unique project ID from OHA: N/A

B. Components addressed

- 1. Component 1: SHCN: Non-duals Medicaid
- 2. Component 2 (if applicable): Choose an item.
- 3. Component 3 (if applicable): Choose an item.
- 4. Does this include aspects of health information technology? \boxtimes Yes \square No
- 5. If this is a CLAS standards project, which standard does it primarily address? Choose an item.
- C. **Project context:** Complete the relevant section depending on whether the project is new or continued.

Morbidity and Mortality Risks for Pregnant people with Substance Use Disorder and/or Mental Illness.

Pregnant people with substance use disorders (SUD) and/or Mental Illness (MI) are at higher risk during their prenatal and postpartum periods for the following: having a newborn who is preterm, low birthweight, or stillborn; newborn having fetal alcohol spectrum disorders or neonatal abstinence syndrome; child taken into DHS custody; self-harm during pregnancy and postpartum; death by suicide, suicidal ideation, or overdose; and unable to establish a positive parent child bond/relationship with their newborn. The Oregon Maternal Mortality and Morbidity Review Committee 2023 Biennial Report states that SUD and MI were the leading underlining causes of maternal mortality in Oregon. In 2023 there were 906 identified pregnancies among IHN-CCO members. Of those pregnancies about 31.6 percent had a known SUD or mental health condition.

Assessment of disparities in the rate of pregnant IHN-CCO members with SUD by REALD/SOGI.

When reviewing disparities among the pregnancies in 2023 for IHN-CCO members with SUD and/or MI, the data shows disparities by race and ethnicity and gender identity. **Table 1.** has the percent of IHN-CCO members with a pregnancy in 2023 with SUD and/or MI by race and ethnicity. Those who identify as American Indian had the highest rate of SUD and/or MI.

Table 1. The percent of IHN-CCO members with SUD and/or MI with an identified pregnancy in 2023.				
Race and ethnicity for pregnant IHN-CCO members with	% of members with SUD and/or MI by			
SUD and/or MI.	race and ethnicity.			
White	61.6%			
Eastern European				
Other White				
Slavic				

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Western European	
Asian, Pacific Islander, and/or Native Hawaiian	37.5%
Asian Indian	
Filipino/a	
Japanese	
Native Hawaiian	
Other Asian	
Other Pacific Islander	
*Black or African American	38.9%
Mexican, Central or South American, Hispanic or Latinx	24.7%
Central American	
Mexican	
Other Hispanic or Latino/a/x/e	
Indigenous Mexican, Central or South American	
American Indian	78.1%
*Other Race	47.4%
*Multiple Races	50.0%
*Race Unknown	57.7%

Approximately 95.6% of the pregnancies with SUD and/or MI had a recorded language. About 2.3 percent of pregnancies with SUD and/or MI reported speaking a language other than English. The languages other than English were Spanish, Spanish and English, other language (a language other than the languages presented on the survey), and another language not including sign language. Members with a language other than English had a lower prevalence of SUD and/or MI. About 17.0 percent of pregnancies reported a form of disability. For pregnancies with an SUD and/or MI diagnoses, 15.2% report having a disability or limitation. This is about 49 percent higher than pregnancies without SUD and/or MI. For all 906 pregnancies recorded in 2023, 97% report identifying as cisgender. Almost all pregnancies who identify as a gender other than the one they were assigned at birth (multiple genders, but not genderfluid or genderqueer, nonbinary, or transgender) had an identified SUD and/or MI.

Sexual Orientation data are unavailable. IHN-CCO is currently working on accomplishing the requirements outlined in House Bill 2359 to ensure the data collection of REALD/SOGI on IHN-CCO members is updated annually. An REALD/SOGI survey is being established using OHA approved data collection tools. Once approved by OHA the survey will be used to collect and report sexual orientation data. The data will be integrated into IHN-CCO's data warehouse to ensure data are segmented by REALD/SOGI for the effective assessment of disparities.

Health Cost and Utilization Disparities for Pregnant IHN-CCO members with SUD.

About 98 members with a pregnancy in 2023 had co-occurring SUD and MI. In 2023 the average medical costs per IHN-CCO member with an identified pregnancy was \$13,767 dollars. The average medical costs increased by 114 percent for pregnancies with a co-occurring SUD and MI (see **Figure 1.**). The data in **Figure 2.** has the pregnancy related Emergency Department (ED) encounters for the 906 identified pregnancies in 2023. Members with SUD and those with SUD and co-occurring MI had the highest pregnancy related ED visits in 2023.

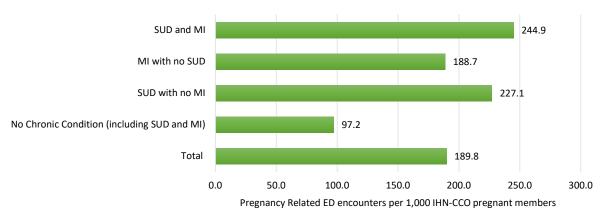
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\$35,000 Average medical costs per IHN-CCO \$29,571 \$30,000 member with a pregnancy \$25,000 \$18,531 \$18,610 \$20,000 \$16,379 \$13,633 \$15,000 \$10,000 \$5,000 \$0 SUD & MI SUD with no MI MI with no SUD Chronic condition not No Chronic Condition SUD or SMI (including SUD and MI)

Figure 1. The medical costs for people who were pregnant in 2023 by SUD and MI status

Data Notes: Only members with continuous enrollment were included in the cost analysis. Cost data were available for 844 pregnant members in 2023, about 93% of the 2023 pregnancy population. Sample sizes: SUD with no MI n = 54; MI with no SUD n = 229; SUD & MI n = 98; Chronic Condition no SUD or SMI n = 145; No SUD or SMI and no chronic condition n = 281.

Figure 2. The rate of pregnancy related Emergency Department (ED) visits per 1,000 IHN-CCO members with a pregnancy in 2023 by SUD and MI status



Data Notes: Data includes IHN-CCO members who were eligible at any time in 2023 with a pregnancy recorded through claims. Arcadia Analytics utilization reports were used and filtered for a primary diagnosis of pregnacy and the Puerperium.

D. Brief narrative description

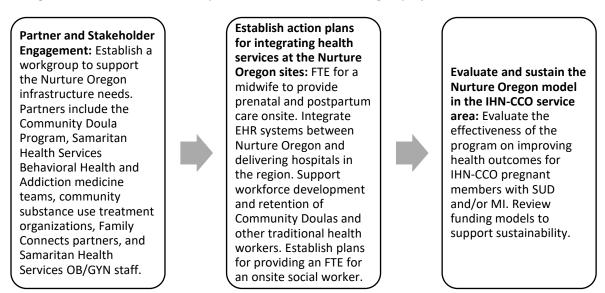
The purpose of the TQS project is to improve health outcomes and quality of life, reduce health care spending, and improve member engagement in health services for IHN-CCO members with SUD and/or MI during their prenatal and postpartum period. The project will work to accomplish this by partnering with Nurture Oregon sites in Lincoln and Benton Counties. The target population are pregnant and postpartum (1-year after delivery) IHN-CCO members with an identified substance use disorder and/or mental health condition. Substance Use Disorder is defined as someone who has two or more claims in a two-year period for opioid use disorders, alcohol use disorders, and/or drug use disorders. A mental health condition is defined as people with a serious or persistent mental illness (as outlined in OAR 309-019-0225) or a lower-level mental health condition including generalized anxiety disorders and/or depressive disorders.

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Nurture Oregon is an integrated care model that aims to provide pregnant people with SUD Wraparound services to support their pregnancy and postpartum journey. The model helps people with SUD access peer recovery support services, prenatal and postpartum care, substance use and mental health treatment, and service coordination. The model is shown to decrease the following: reductions in child maltreatment, placement of children in foster care, and increases in both prenatal visits and maternal lengths-of-stay in the hospital for people who were pregnant and diagnosed as opioid dependent. The Multnomah County Nurture Oregon project was very successful, leading the Oregon Maternal Mortality and Morbidity Review Committee to recommend implementing Nurture Oregon integrated care models throughout the state to support pregnant and postpartum Oregonians with SUD.

There are currently two Nurture Oregon sites in the IHN-CCO region. One in Lincoln County and one in Benton County (Benton County site opened in early 2024). The purpose of the model is to create a safe space for pregnant people to come and receive all their health services in one place. Each agency is working to implement the Nurture Oregon model to fidelity. The Nurture Oregon sites in the area have access to peer support and Community Doulas. They also partnered with Reconnections Counseling to support members with recovery and mental health services. The Benton County site is beginning to serve pregnant people, but the Lincoln County Nurture Oregon site was part of the initial state implementation. Lincoln County has served about 44 people and 25 births. There continue to be barriers and challenges for each Nurture Oregon site as they work to implement the model to fidelity and sustain their work in the community. To enhance the Nurture Oregon infrastructure, IHN-CCO will support collaboration among partners and stakeholders and support sustainability of the program in the IHN-CCO service region. Figure 3. provides a high level review of the roles and responsibilities of IHN-CCO for this TQS project.

Figure 3. IHN-CCO role and responsibilities for Nurture Oregon project



The outputs IHN-CCO aim to accomplish in year 1 are:

• FTE approved and funded for each Nurture Oregon site in the region to have a midwife provide prenatal and postpartum services on-site.

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- A system established to support the sharing of treatment plans for Nurture Oregon participants with birthing units/delivering hospitals.
- A focus group with Community Doula program staff, Nurture Oregon leaders, SHS OB/GYN, Substance Use
 Treatment service providers, IHN-CCO Health Equity Liaison, and IHN-CCO Tribal Liaison regarding the
 prevalence of SUD/Mental Illness during American Indian and Alaska Native pregnancies.
 - The goal will be to establish an action plan on how to ensure Nurture Oregon has culturally and linguistically responsive care to support IHN-CCO members who identify as American Indian or Alaska Native.

E. Activities and monitoring for performance improvement (duplicate until all activities and measures are included)

Activity 1 description: Implement the Nurture Oregon model to fidelity by sustaining FTE for a midwife, at the Nurture Oregon sites in Lincoln and Benton Counties.

 \boxtimes Short term or \square Long term

Monitoring measure 2.1 A minimum of 0		0.4 FTE will be established for a midwife at the Lincoln County				
Nurtu		Nurture Oregoi	gon Site.			
Baseline or current	Targe	et/future state	Target met by	Benchmark/future	Benchmark met by	
state			(MM/YYYY)	state	(MM/YYYY)	
No midwife	Budg	et is approved	01/2025	Implement Midwife	07/2025	
established onsite	for N	1id-wife at		services for prenatal		
at Nurture Oregon	Linco	oln County		and postpartum care		
Lincoln County site.	Nurt	ure Oregon		at Lincoln County		
site.				Nurture Oregon site.		
Monitoring measure 2.2 A minimum of		0.4 FTE will be established for a midwife at the Benton County				
Nurture Orego		Nurture Oregoi				
Baseline or current	Targe	et/future state	Target met by	Benchmark/future	Benchmark met by	
state			(MM/YYYY)	state	(MM/YYYY)	
No midwife	Budg	et is approved	01/2025	Midwife begins	07/2025	
established onsite	for Mid-wife at			seeing patients for		
at Nurture Oregon	Benton County			prenatal and		
Benton County site.	Nurture Oregon			postpartum care at		
	site.			Benton County		
				Nurture Oregon site.		

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Activity 2 description: Improve health outcomes for pregnant people with SUD and/or Mental Illness by improving closed loop referrals to Nurture Oregon by provider groups and community organizations.

 \square Short term or \boxtimes Long term

Monitoring measure Reduce the rate of pregnancy related Emergency Department encounters for					
1.1					
		Illness.	o members with 60 00		ologiaci ana mentai
Baseline or current		rget/future state	Target met by	Benchmark/future	Benchmark met by
state		5 .	(MM/YYYY)	state	(MM/YYYY)
244.9 pregnancy	21	4.3 pregnancy	01/2026	193.9 pregnancy	01/2027
related Emergency		ated Emergency		related Emergency	·
Department		partment		Department	
encounters per	en	counters per		encounters per	
1,000 IHN-CCO	1,0	000 IHN-CCO		1,000 IHN-CCO	
pregnant members	pre	egnant members		pregnant members	
with co-occurring	wi	th co-occurring		with co-occurring	
SUD and MI.	SU	D and MI.		SUD and MI.	
Monitoring measure		Increase the time	liness of postpartum of	care for pregnant IHN-CO	O members with
1.2		Substance Use Di	sorder (SUD).		
Baseline or current	Ta	rget/future state	Target met by	Benchmark/future	Benchmark met by
state			(MM/YYYY)	state	(MM/YYYY)
68.8% of IHN-CCO	75	.0% of IHN-CCO	01/2026	88.3% of IHN-CCO	01/2027
members with SUD	me	embers with SUD		members with SUD	
had a timely	had a timely			had a timely	
postpartum visit	ро	stpartum visit.		postpartum visit.	
MY2023.					
Monitoring measure Increa		Increase the time	liness of prenatal care	for pregnant IHN-CCO r	nembers with
1.3		Substance Use Di	sorder (SUD).		
Baseline or current		rget/future state	Target met by	Benchmark/future	Benchmark met by
state			(MM/YYYY)	state	(MM/YYYY)
78.1% percent of	81	.4% percent of	01/2026	85.1% percent of	01/2027
IHN-CCO members	IHI	N-CCO members		IHN-CCO members	
with SUD had a	wi	th SUD had a		with SUD had a	
prenatal visit in	pre	enatal visit.		prenatal visit.	
MY2023.					
Monitoring measure		Reduce the avera	ge medical costs per p	regnant IHN-CCO memb	per with co-occurring
1.4		Substance Use Di	sorder and Mental Illn	ess.	
Baseline or current		rget/future state	Target met by	Benchmark/future	Benchmark met by
state			(MM/YYYY)	state	(MM/YYYY)
Average medical	1.5	5% decrease in	01/2026	3.0% decrease in	01/2027
costs per IHN-CCO the average			medical costs per		
members with co- medical costs per		·		pregnant IHN-CCO	
occurring SUD and		egnant IHN-CCO		member with co-	
MI were \$29,571		ember with co-		occurring SUD and	
for 2023.	ОС	curring SUD and		MI.	
	M				

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Activity 3 description: Ensure all members have prenatal and postpartum supports that are culturally appropriate for their identified race or ethnicity, or their gender identity by partnering with the community doula program and Reconnections Counseling to support the recruitment and training needs for doulas and peer support specialists.

 \square Short term or \boxtimes Long term

Monitoring measure 3.1 Review t		Review the der	demographic characteristics of community doulas and peer support				
sp		specialists prov	specialists providing care at the Benton County and Lincoln County Nurture				
		Oregon sites.					
Baseline or current	Targe	et/future state	Target met by	Benchmark/future	Benchmark met by		
state			(MM/YYYY)	state	(MM/YYYY)		
Demographic	Peer	support	01/2025	Community Doula	01/2026		
characteristics	speci	alists and		and Peer support			
unknown.	Com	munity Doulas		specialists are			
	are c	omfortable		comfortable			
	provi	ding their		providing their			
	demographic			demographic data			
	characteristics to			annually to support			
	ensu	re equity.		equity.			
Monitoring measure	3.2	Understand the	e training needs of Nurture Oregon staff for providing culturally and				
		linguistically appropriate care to IHN-CCO members with SUD and/or Mental					
Baseline or current	Torra	Illness.	Touget meet by	Donah manula /fustusa	Donah marik mat hu		
state	large	et/future state	Target met by (MM/YYYY)	Benchmark/future state	Benchmark met by (MM/YYYY)		
Training needs	A gap	analysis is	01/2025	Nurture Oregon	01/2026		
unknown. co		ucted to		requires identified			
unde		rstand		training in the gap			
potential trainir		ntial training		analysis for staff on			
needs of staff		s of staff		an annual basis to			
	work	ing with		support.			
	Nurt	ure Oregon.					

Activity 5 description: The Nurture Oregon program is sustained in the IHN-CCO service region by creating financial partnerships between IHN-CCO and Samaritan Health Services.

 \boxtimes Short term or \square Long term

Monitoring measure 3.1		Establish a sustainability plan to fund Nurture Oregon in Benton and Lincoln			
		Counties.			
Baseline or current	Targe	t/future state	Target met by	Benchmark/future	Benchmark met by
state			(MM/YYYY)	state	(MM/YYYY)
No sustainability plan is established.	are re evalu suppo susta	ing streams eviewed and ated to ort inability (i.e., acting with	01/2025	A sustainability avenue is identified, and a sustainability plan is established.	01/2026

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IHN-CCO, support		
through		
partnerships with		
Samaritan Health		
System).		

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Project #8- Under Pressure: Managing High Blood Pressure to Decrease Morbidity and Mortality Risk

A.	Project title: Under Pressure: Managing H	ligh Blo	od Pressure to Decrease Morbidity and Mortality Ris	k
Con	tinued or slightly modified from prior TQS?	⊠Yes	□ No, this is a new project	

If continued, insert unique project ID from OHA: 510

B. Components addressed

- 1. Component 1: SHCN: Full benefit dual eligible.
- 2. Component 2 (if applicable): Choose an item.
- 3. Component 3 (if applicable): Choose an item..
- 4. Does this include aspects of health information technology? \square Yes \boxtimes No
- 5. If this is a CLAS standards project, which standard does it primarily address? Choose an item.
- C. **Project context:** Complete the relevant section depending on whether the project is new or continued.

Project Update - Supporting D-SNP members with Hypertension control their blood pressure.

In 2023, the SHCN Dual eligible TQS project aimed to support members who are enrolled in Medicaid and Medicare (D-SNP members) decrease their risk of morbidity and mortality by providing additional support for those with hypertension. Partnerships were established with Samaritan Health System Ambulatory Pharmacy team to introduce additional care coordination by outpatient pharmacists for D-SNP members who are not in control of their blood pressure. The project was more difficult to implement than expected. There were a variety of data barriers that made it difficult for the SHS ambulatory team to effectively engage with the D-SNP members.

IHN-CCO shared with the SHS team data on D-SNP members with hypertension, including members who were in poor control of their blood pressure. The problem arose because members were getting their blood pressure tested multiple times and at multiple facilities. The population health platform IHN-CCO utilizes to assess blood pressure poor control, updates the member's blood pressure with each new reading. The members could have good control of their blood pressure, but they had a single blood pressure reading where it was not in control. As a result, the SHS ambulatory pharmacy team would connect with the member who had a poor blood pressure reading, and the member would communicate that they have good blood pressure, that their last reading was in the Emergency Department or in the hospital setting, resulting in a higher reading than normal. To mitigate this, IHN-CCO attempted to work with the system to obtain a report including the last three blood pressure readings for D-SNP members, but the IS team was unable to obtain previous readings. Other mitigation strategies included having the SHS ambulatory pharmacy team support D-SNP members who are not adherent to their hypertension medications; however, the data confirmed that D-SNP members with hypertension medication had very high adherence rates, resulting in only a few members for the SHS ambulatory pharmacy team to manage.

A variety of evidence concludes that partnerships between pharmacists and medical care helps people manage their hypertension, as well as engaging patients in care, and cultivating interdepartmental care between pharmacy teams and medical providers. Given the impact the project can have on D-SNP members with

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hypertension, it was decided to move forward with the project, but change how the target population is identified.

The table below outlines the monitoring measures established in 2023 and progress to date.

Table 1. Result of monitoring measures and lessons learned in year one of the D-SNP hypertension project.						
Monitoring Measure	Outcome	How IHN-CCO plans to meet the measure moving forward				
DSNP cohort members ages 18-85 with hypertension are adherent to their RAS antagonist medication.	Met – 92% of members are adherent to their RAS antagonist medication.	Given the variety of barriers working with the population, we concluded medication adherence is not an issue among the population. The monitoring measures will be removed from the project.				
DSNP cohort members with a condition history of hypertension are in-control of their blood pressure (<140/90).	Not Met - 2023 HEDIS data confirm that 70.8% of D-SNP members have a blood pressure that is in-control (<140/90). The goal was that 80 percent of members would be in control of their blood pressure.	The measures will continue to be evaluated but will not be the basis of identifying the target population. The goal of 80% in control is also too high and a more realistic goal will be established.				
DSNP cohort members with a condition history of hypertension have a completed Heath Risk Assessment (HRA).	Not met – the coordination between SHS ambulatory pharmacy team and IHN-CCO care coordination teams was not	IHN-CCO will prioritize establishing workflows between the SHS ambulatory pharmacy team and care coordination to				
DSNP cohort members with a condition history of hypertension have a completed Individualized Care Plan (ICP) and an Interdisciplinary Care Team (ICT).	accomplished. Due to this, supporting the uptake of HRAs and ICPs were not prioritized among the SHS ambulatory pharmacy team.	establish pathways for supporting members without an HRA or ICP completed.				

Moving forward, IHN-CCO will continue to partner with the SHS ambulatory pharmacy team to support D-SNP members with hypertension to ensure they are in control of their blood pressure.

REALD/SOGI disparities in managing blood pressure.

Final HEDIS data for 2023 conclude that about 30.5 percent of D-SNP members have hypertension. Of those, 29.2 percent were not in control of their blood pressure. Blood pressure control was evaluated by race and ethnicity, language, disability, and gender identity. After review, gender identity did not have disparities because all D-SNP members with reported gender identity data reported being cisgender (less than 1% did not have gender identity data reported). The numbers were small, but large enough to understand disparities in blood pressure control by race and ethnicity, language, and disability.

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Table 2. The race and ethnicity of D-SNP members with a diagnosis of hypertension.					
Race and Ethnicity Group	Specific Race or Ethnicity	% of D-SNP population with hypertension			
	Eastern European				
	Middle Eastern				
White	Other White	45.7%			
	Slavic				
	Western European				
	Asian Indian				
	Cambodian				
	Chinese				
	Communities of Micronesian Region				
	Filipino/a				
Asian	Japanese	7.0%			
	Korean				
	Native Hawaiian				
	Other Asian				
	Other Pacific Islander				
	Vietnamese				
	Ethiopian				
Black or African American	Other African (Black)	2.5%			
Black of Afficall Afficial	Other Black	2.3%			
	Somali				
	Mexican				
Hispanic or Latinx	Other Hispanic or Latino/a/x/e	14.0%			
	South American				
Native American or Alaska	American Indian				
	Native American or Alaska Indigenous Mexican, Central or South American 2.1%				
ivative					

About 28 percent of D-SNP members did not have a race or ethnicity reported and a very small number identified as more than 1 race (<1%). Most members identify as white as outlined in **Table 2.** White populations had the best blood pressure control (23.4% not in control of their blood pressure). About 32.4 percent of members who identified as Hispanic or Latinx had poor control of their blood pressure. Members who identify as Asian, Native American, or Alaska Native, Black or African American had to be combined into a single group to assess disparities in blood pressure. The data shows blood pressure control is worse among these members compared to white populations (32.6% with poor blood pressure control).

Over 88 percent of D-SNP members with hypertension report speaking English. About 28% of members who report speaking English are in poor control of their BP. About half of members who report speaking a language other than English (such as Spanish or Russian) are not in control of their blood pressure. About 16.9% reported a disability. Of those members, 29 percent had poor control of their blood pressure, while 26 percent of members with no disability had poor control of their blood pressure.

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Sexual Orientation data are unavailable. IHN-CCO is currently working on accomplishing the requirements outlined in House Bill 2359 to ensure the data collection of REALD/SOGI on IHN-CCO members is updated annually. An REALD/SOGI survey is being established using OHA approved data collection tools. Once approved by OHA the survey will be used to collect and report sexual orientation data. The data will be integrated into IHN-CCO's data warehouse to ensure data are segmented by REALD/SOGI for the effective assessment of disparities.

D. Brief narrative description

The purpose of the intervention continues to be to reduce the risk of morbidity and mortality for D-SNP members 18 and older with poor control of their hypertension. The intervention focuses on additional care coordination support for D-SNP members by the Samaritan Health System (SHS) Ambulatory Pharmacy Team. The pharmacist assigned to members in the cohort will initiate the following:

- Educate members on home blood pressure monitoring (home meters will be checked against clinic monitors to ensure accuracy).
- Medication plans and education will be established. Medications will be adjusted for optimal dosing and side effect profiles. Diabetes is included in the protocols because optimization of diabetes medications may, in some cases, help with blood pressure control as well (e.g., SGLT2 inhibitors).
- Appropriate labs will be ordered for the members and follow-up will occur as needed.
- Assessment of medication will be established to ensure no medication issues are identified (e.g., other medications worsening blood pressure control).
 - o If medications are identified that are impacting a member's blood pressure control, the pharmacist will conduct a consultation with the ordering provider.
- Referrals to care coordination teams and other resources when additional social, economic, or environmental barriers surface (i.e., food insecurity, transportation issues, houselessness, SUD).

Pharmacists will track interventions, time spent with members and blood pressure control to evaluate if the D-SNP one-on-one mentorship with the clinical pharmacist is successful. Given the barriers identified throughout the first year and the disparities in blood pressure control among D-SNP members, the project intervention will continue to be the same; however, the cohort will be expanded and stratified for outreach. In addition, quality and health outcomes staff will share the disparity data with the SHS ambulatory pharmacy team, to ensure they understand the gap is blood pressure control by race and ethnicity and disability status.

The cohort outreach will be stratified due to the REALD/SOGI assessment showing cultural and linguistical disparities in blood pressure control, as well disparities in control between members with a disability. Eliminating disparities must be prioritized. In addition, **Table 3.** outlines the differences in health care cost for D-SNP members with hypertension by race and ethnicity, disability, and diabetes status. It is clear there are inequities among D-SNP members with hypertension when it comes to health care costs and blood pressure control.

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Table 3. The cohort stratification of D-SNP member target population for initial outreach from SHS ambulatory pharmacy team.

Cohort 1: D-SNP members who do not identify as white with HEDIS data that confirms poor blood pressure control in the previous 12-months.

Cohort 2: D-SNP members with a known disability with HEDIS data that confirms poor blood pressure control in the previous 12-months.

Cohort 3: IHN-CCO members with co-occurring hypertension and diabetes.

Table 4. The average PMPM costs for the target population by specific population segmentation.					
Population	Average PMPM health	Disparity			
Population	care costs in 2023	Disparity			
D-SNP Members with hypertension who	\$3,638.64	64% higher than D-SNP members			
do not identify as white.	\$3,038.04	who identify as white.			
D-SNP Members with hypertension with	\$3,581.56	34% higher than D-SNP members			
a known disability.	\$5,561.50	who do not have a disability.			
D-SNP members with co-occurring		77% higher than D-SNP members			
Hypertension and Diabetes.	\$3,560.41	with hypertension, but no			
		diabetes.			

E. Activities and monitoring for performance improvement (duplicate until all activities and measures are included)

Activity 1 description: Improve blood pressure control for target population by stratifying the target population for one-on-one engagement by the SHS ambulatory pharmacy team by race and ethnicity, disability, and diabetes status.

 \square Short term or \boxtimes Long term

Monitoring measure The target po		The target popula	tion in control of their	blood pressure.	
1.1					
Baseline or current	Ta	rget/future state	Target met by	Benchmark/future	Benchmark met by
state			(MM/YYYY)	state	(MM/YYYY)
70.8% of the target	73	.7% of the target	01/2026	80% of the target	01/2027
population are in	ро	pulation are in		population are in	
control of their	со	ntrol of their		control of their	
blood pressure.	blood pressure. blood pre			blood pressure.	
Monitoring measure		Disparities in bloc	od pressure control are	reduced by race and et	chnicity.
1.2					
Baseline or current	Ta	rget/future state	Target met by	Benchmark/future	Benchmark met by
state			(MM/YYYY)	state	(MM/YYYY)
67.5% of the target 70		% of the target	01/2026	73% of the target	01/2027
population who do po		pulation who do		population who do	
not identify as no		t identify as		not identify as white	
white are in poor	wh	nite are in control			

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control of their	of their blood			are in control of	
blood pressure.	pre	essure.		their blood pressure.	
Monitoring measure)	The average PMP	M for the target popul	lation who do not identi	fy as white decreases.
1.3					
Baseline or current	Ta	rget/future state	Target met by	Benchmark/future	Benchmark met by
state			(MM/YYYY)	state	(MM/YYYY)
The average PMPM	Th	e average PMPM	01/2026	The average PMPM	01/2027
for target	for target			for target population	
population who do	population who do			who do not identify	
not identify as	not identify as			as white decreases	
white is \$3,638.	wh	nite decreases by		by 5% (about \$3,347	
	3%	(about \$3,529		average PMPM).	
	av	erage PMPM).			

Activity 2 description: Establish partnerships between IHN-CCO Care Coordination and SHS Ambulatory Pharmacy team to establish work plans for improving HRA and ICP completion among target population.

oxtimes Short term or oxtimes Long term

Monitoring measure 2.1 DSNP cohort me			embers with a condit	ion history of hypertens	ion have a completed
Heath Risk Asse		essment (HRA).			
Baseline or current	Targe	et/future state	Target met by	Benchmark/future	Benchmark met by
state			(MM/YYYY)	state	(MM/YYYY)
95.3% of DSNP	97%	of DSNP	01/2026	100% of DSNP	01/2027
members with a	mem	bers with a		members with a	
condition history of	cond	ition history of		condition history of	
hypertension have a	hype	rtension have a		hypertension have a	
completed Health	comp	oleted Health		completed Health	
Risk Assessment	Risk	Assessment		Risk Assessment	
(HRA). ⁱ	(HRA).		(HRA).	
Monitoring measure 2.2 DSNP cohort me		embers with a condition history of hypertension have a completed			
		Individualized (Care Plan (ICP) and an	Interdisciplinary Care To	eam (ICT).
Baseline or current	Targe	et/future state	Target met by	Benchmark/future	Benchmark met by
state			(MM/YYYY)	state	(MM/YYYY)
81.5% of DSNP	83%	of DSNP	01/2026	87% of DSNP	01/2027
members with a	mem	bers with a		members with a	
condition history of	cond	ition history of		condition history of	
hypertension have a	ve a hypertension have a			hypertension have a	
completed completed			completed		
Individualized Care	e Individualized Care			Individualized Care	
Plan and an	Plan and an			Plan and an	
Interdisciplinary	nary Interdisciplinary			Interdisciplinary	
Care Team."	Care	Team.		Care Team.	

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Activity 3 description: Establish partnerships between IHN-CCO Care Coordination and SHS Ambulatory Pharmacy team to establish work plans for improving HRA and ICP completion among target population.

Monitoring measure 3.1 DSNP cohort members with a condition history of hypertension have a completed					on have a completed
		Heath Risk Asses	ssment (HRA).		
Baseline or current Ta		t/future state	Target met by	Benchmark/future	Benchmark met by
state			(MM/YYYY)	state	(MM/YYYY)
95.3% of DSNP	97% o	of DSNP	01/2026	100% of DSNP	01/2027
members with a	memb	pers with a		members with a	
condition history of	condit	tion history of		condition history of	
hypertension have a	hyper	tension have a		hypertension have a	
completed Health Risk	comp	leted Health Risk		completed Health Risk	
Assessment (HRA).i	Asses	sment (HRA).		Assessment (HRA).	
Monitoring measure 3	3.2	DSNP cohort me	embers with a condition	on history of hypertension	on have a completed
		Individualized Ca	are Plan (ICP) and an I	nterdisciplinary Care Te	am (ICT).
Baseline or current	Targe	t/future state	Target met by	Benchmark/future	Benchmark met by
state			(MM/YYYY)	state	(MM/YYYY)
81.5% of DSNP	83% o	of DSNP	01/2026	100% of DSNP	01/2027
members with a	memb	pers with a		members with a	
condition history of	condi	tion history of		condition history of	
hypertension have a	hyper	tension have a		hypertension have a	
completed completed			completed		
Individualized Care	Indivi	dualized Care		Individualized Care	
Plan and an	n and an Plan and an			Plan and an	
Interdisciplinary Care	Interd	lisciplinary Care		Interdisciplinary Care	
Team. ⁱⁱ	Team.			Team.	

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Project #9- Improving Resources for IHN-CCO members with SPMI

A.	Project title: Improving Resources for IHN-CCO members with SPMI
Со	ntinued or slightly modified from prior TQS? □Yes ⊠No, this is a new project
If c	continued, insert unique project ID from OHA: N/A
В.	Components addressed
	Component 1: Serious and persistent mental illness. Component 2 (if applicable): Choose an item. Component 3 (if applicable): Choose an item. Does this include aspects of health information technology? ☐ Yes ☒ No If this is a CLAS standards project, which standard does it primarily address? Choose an item
C	Project context: Complete the relevant section depending on whether the project is new or

Mental health service access crisis.

continued.

People with Serious and Persistent Mental Illness (SPMI) often have a high level of social determinant of health problems that impact their condition, such as stable housing, employment, stigma and discrimination, and access to healthcare. IHN-CCO Care Coordination staff aim to enroll members with SPMI in behavioral health (BH) care coordination services. Care coordination supports members with SPMI mental and physical health needs, while also connecting them to specific community resources to support their housing, food, and/or employment needs.

IHN-CCO currently has nine BH care coordination staff. Three staff are dedicated to supporting Oregon State Hospital and Assertive Community Treatment members; however, all BH care coordination staff serve members with SPMI. Care coordination is currently receiving referrals from IHN-CCO Customer Service based on Health Risk Assessment screenings. individual providers, self-referrals from IHN-CCO members, IHN-CCO utilization team, and/or community partners. Once a member connects with a BH care coordinator, the coordinator conducts a needs assessment. Through this process the member's physical and mental health needs are assessed as well as their social, economic, and environmental needs.

Oregon is experiencing a mental health access crisis. The <u>Center for Health Systems Effectiveness final 2022 report</u> to the Oregon State Legislature disclosed the prevalence of mental health conditions among Oregon adults. The report discovered an increase in mental health diagnoses from 2008-2019, especially among Oregon adults ages 18 to 25; however, an increase in prevalence was not followed by significant rise in mental health services, resulting in 26.4% of the mental health needs being unmet for Oregon adults. The <u>2024 County Health Rankings</u> displays the difference in the number of population to one mental health provider (see <u>Table 2.</u>). The ratio has improved from 2019 to 2023 across the state and within the IHN-CCO region. The data in <u>Table 2.</u> indicates that Lincoln and Linn counties both have lower access to mental health providers when compared to the state and Benton County.

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Oregon

Table 2. The ratio of population to mental health providers for IHN-CCO service region compared to the state,						
County Health Rankings, 2023.						
	Ratio of population to mental health providers					
Location	2019	2020	2021	2022	2023	
Benton County	130:1	110:1	100:1	90:1	80:1	
Lincoln County	260:1	230:1	220:1	210:1	200:1	
Linn County	660:1	580:1	550:1	500:1	470:1	

180:1

170:1

160:1

Feedback from IHN-CCO members through the Community Advisory Council (CAC) was that the Emergency Department is being used to support the community's medical needs because they are having to wait months to see their primary care provider or access mental health services. After speaking with our Behavioral Health Care Coordinators, they are concerned about the time it takes for people with SPMI to access services to support their condition and/or social determinant of health needs. They report that members are playing a "waiting game" to access essential medical and community-based services. IHN-CCO Behavioral Health Care Coordinators aim to establish effective care plans for IHN-CCO members with SPMI; however, the wait to access the clinical and/or community-based services makes implementing the treatment plan difficult. Members become frustrated with the inability to have a timely appointment available to them, impacting their overall engagement in care coordination and the likelihood of completing the care plan care coordination establishes with the member.

Enrollment of IHN-CCO members with SPMI in Behavioral Health Care Coordination.

190:1

Of the 35,802 IHN-CCO members 18 and older who were continuously enrolled in 2023, approximately 14.4% had at least one of the following SPMI: Schizophrenia or other psychological conditions; Bipolar Disorder; Obsessive Compulsive Disorder (OCD); Post Traumatic Stress Disorder (PTSD); Reoccurring Major Depressive Disorder; and/or Schizotypal personality disorder. The most prevalent SPMI among the 5,149 IHN-CCO members was Major Depressive Disorder, closely followed by PTSD.

IHN-CCO members with a documented SPMI in 2023 report different racial and ethnic backgrounds. About 22.8 percent of the populations' race and ethnicity are unknown (this is being addressed in IHN-CCOs health equity plan on REALD/SOGI data collection). About 60 percent report being white. The second largest population are members who identify as Hispanic or Latinx (5.7%). The third highest racial group identify as Asian (2.4%). **Table 3.** breaks down each race and ethnicity profile identified for IHN-CCO members with an SPMI. Most members report speaking English (96.9%) and about 2 percent report speaking a language other than English, including Spanish or Russian/Ukrainian.

Table 3. The Race and Ethnicity of IHN-CCO members with SPMI.				
White 60.1%				
Eastern European				
Middle Eastern				
North African				
Other White				
Slavic				
Western European				

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Asian	2.4%
Asian Indian	
 CHamoru (Chamorro) 	
 Chinese 	
 Communities of Micronesian Region 	
 Filipino/a 	
 Japanese 	
 Korean 	
Native Hawaiian	
 Other Asian 	
 Other Pacific Islander 	
 Samoan 	
 South Asian 	
 Vietnamese 	
African American	1.4%
African American	
 Afro-Caribbean 	
 Other African (Black) 	
Other Black	
Hispanic or Latinx	5.7%
Central American	
 Mexican 	
 Other Hispanic or Latino/a/x/e 	
South American	
Native American or American Indian	4.1%
 Alaska Native 	
American Indian	
 Canadian Inuit, Metis, or First Nation 	
 Indigenous Mexican, Central or South American 	
Other Race/Multiple Races	3.2%
 Other race 	
Multi (all)	
Race Unknown	22.8%

About 2.9% of the SPMI population identify as a different gender than the one assigned to them at birth, as shown in **Table 4.**

Table 4. The gender identity of IHN-CCO members with a recorded SPMI.				
Gender Identity Category	Sex: Female	Sex: Male		
Identify as a Boy/Man	1.0%	98.0%		
Identify as a Girl/Woman	96.2%	0.6%		
Multiple genders but not genderfluid or genderqueer	0.4%	0.2%		
Non-Binary	1.1%	0.6%		

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Other Gender Identity	0.2%	0.0%
Gender Identity Unknown	1.1%	0.6%

About 53.4 percent of the SPMI population report a disability and/or limitation and 35 percent report not having a disability (11.6% do not have disability data recorded). Of members with SPMI who have a recorded disability, most are able to care for themselves.

In 2023, about 195 IHN-CCO members with an SPMI (with no co-occurring SUD diagnosis) were enrolled or supported at some point throughout the year in IHN-CCO care coordination (about 3.8 percent of IHN-CCO adult members with SPMI). Members with Schizophrenia and other psychological conditions had the highest care coordination enrollment. When reviewing enrollment by REALD and Gender Identity, IHN-CCO members who identify as Black or African American had the lowest care coordination enrollment rate (1.4%), followed by members who identify as Hispanic or Latinx. About 85 members with SPMI report speaking a language other than English, about 1.2% of those members were enrolled in care coordination. The members who are not cisgender also had lower enrollment in care coordination when compared to people who report being cisgender.

Sexual orientation data are unavailable. IHN-CCO is in the process of establishing member level survey to support the collection of REALD and gender identity and sexual orientation data on all IHN-CCO members to ensure all project and initiatives are reviewed to address disparities.

D. Brief narrative description

Support IHN-CCO members with SPMI during a mental health crisis.

The following TQS project aims to support IHN-CCO members with SPMI by working to mitigate the impacts of the current mental health service crisis. The target population are IHN-CCO members ages 18 and older with one or more of the following mental health conditions: Schizophrenia or other psychological conditions, Bipolar Disorder, OCD, PTSD, Reoccurring Major Depressive Disorder, and/or Schizotypal personality disorder. Members with known Co-occurring Substance Use Disorder are excluded from the target population.

To mitigate the impacts of the current mental health service crisis the project aims to accomplish the following:

- Reduce silos, improve awareness of BH care coordination care plans for target population, reduce the
 duplication of work, and close gaps in care for the target population by improving multisector
 engagement in BH care coordination care plans.
- Reduce disparities in enrollment and engagement in BH care coordination for members with SPMI to ensure equity in mental and behavioral health service delivery.
- Engage community organizations who help the target population manage with their SPMI condition while waiting to access essential services.

The first area of focus is *Improving Multisector Engagement in BH Care Coordination Care Plans*. The goal of this focus area is to improve capacity by removing silos, addressing gaps in supporting the implementation of care plans, and reduce the duplication of work between BH care coordination, provider groups, and community-based organizations. The project will establish processes and procedures to share the members' care plan with the organization or facility the members are assigned. The internal workflows for sharing the care plan between IHN-CCO care coordination and provider groups/community organizations will be evaluated by quality and BH care coordination staff using QI tools, such as SWOT analyses or root cause analysis. Once internal workflows are

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documented and operationalized, the implementation of the care plan between BH care coordination and provider and community partners will be evaluated using a PDSA cycle (see **Figure 1**. for desired outputs for year 1).

Figure 1. Focus Area One: Year one desired outputs for TQS SPMI project.

Evaluate internal process and procesdures for establishing and sharing Care plans of IHN-CCO members with SPMI



Ensure policies and procedures are operationalized (i.e., policies are developed and updated annually).



Evaluate how providers and communty partners assigned IHN-CCO members with SPMI are engaged in Care Plans.

The second area of focus is: *Reduce Disparities in Enrollment and Engagement in BH Care Coordination for members with SPMI.* Given the current disparities in care coordination enrollment (outlined in the project context REALD/SOGI section), there is a need to ensure equitable access. To accomplish this goal of zero disparities in BH care coordination enrollment for members with SPMI by REALD/SOGI, IHN-CCO staff will partner with organizations in the service region who work directly with historically marginalized (i.e., populations of color, LGBTQ+, people with disabilities, etc.) populations to educate and engage on the following: 1). How BH care coordination support people with SPMI; 2) How IHN-CCO members with SPMI qualify for care coordination; 3) How partner organizations can support their populations enrollment in BH care coordination (if they qualify); and 4) Collect feedback on how IHN-CCO Care Coordination department can sustain partnerships with organizations who serve historically marginalized populations to ensure equitable enrollment. IHN-CCO will ask partner agencies for feedback on reducing disparities in enrollment of care coordination for historically marginalized populations. The feedback will support IHN-CCOs internal system analysis for ensuring current procedures are not generating barriers and/or cultivating the disparities in BH care coordination enrollment (see **Figure 2.** for desired outputs for year 1).

Figure 2. Focus Area two: Year one desired outputs for TQS SPMI project.

Review the current Behavioral Health Care Coordination enrollment process for people with SPMI to identify potential system barriers for equitable enrollment.



Identfiy organizations who serve historically marginalized populations to engage and conduct outreach.



Develop outreach materials and presentation to provider partner organizations who serve historically marginalized populations.

The third area of focus is: *Engage Community Organizations to Support Members with SPMI*. The third area of focus aims to mitigate the "waiting game" members and care coordinators refer to in the project context section. Pathfinder Clubhouse serves Benton, Lincoln, and Linn counties. They support people with mental illness in finding employment and building skills to sustain employment. Pathfinder also helps people with mental illness engage in their community, reduce isolation, find support through their peers, and have a safe space to find housing, food, and/or transportation needs. BH care coordination staff refer IHN-CCO members with SPMI to resources to support their social determinants of health, but Pathfinder was established to specifically engage those with a mental health condition. Pathfinder Clubhouse has existed in the IHN-CCO service region for a few years and is growing at a much larger rate than anticipated. They were a grant funded project by IHN-CCO. The pilot project showed success in improving health outcomes of IHN-CCO members enrolled in their organization; however, since the pilot project IHN-CCO has not built a sustainability plan with Pathfinder Clubhouse. The TQS project will support the review of how IHN-CCO can sustain the partnership with Pathfinder Clubhouse to ensure they have the resources they need to support their population.

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Figure 3. Focus Area three: Year one desired outputs for TQS SPMI project.

Completed contract to solidify partnership between IHN-CCO and Pathfinder Clubhouse.



The final contract will include PMPM reimbursement and quality bonuses for supporting specific health outcomes for IHN-CCO memerbs with SPMI.



Sustain Pathfinder Clubhouse's use of Unite Us to effectively screen, referral, and reduce over screening of people with SPMI.

E. Activities and monitoring for performance improvement

Activity 1 description: Improve access to essential health care services for people with SPMI by improving the process and procedure for how IHN-CCO's BH Care Coordination team engages the provider teams and community-based organizations on the members' care plan.

 \square Short term or \boxtimes Long term

Monitoring measure 1.1 Improve the percent of gaps closed for IHN-CCO members with schizophrenia.						
Baseline or current	Target/future state	Target met by	Benchmark/future	Benchmark		
state		(MM/YYYY)	state	met by (MM/YYYY)		
24.7% of care gaps were closed for IHN-CCO members with Schizophrenia.	25.0%	01/2027	25.6%	01/2028		
Monitoring measure 1	Monitoring measure 1.2 Improve the percent of gaps closed for IHN-CCO members with Major Depressive Disorder/Mood Disorders.					
Baseline or current	Target/future state	Target met by	Benchmark/future	Benchmark		
state		(MM/YYYY)	state	met by		
				(MM/YYYY)		
64.7% of care gaps	65.0% of care gaps	01/2027	65.6% of care gaps	01/2028		
were closed for IHN-	are closed for IHN-		are closed for IHN-			
CCO member with	CCO member with		CCO member with			
Major Depressive	Major Depressive		Major Depressive			
Disorder/Mood	Disorder/Mood		Disorder/Mood			
Disorders.	Disorders.		Disorders.			

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Activity 2 description: Improve equitable access to care coordination for IHN-CCO members by partnering with IHN-CCO Health Equity Liaison to conduct targeted education for community partners on IHN-CCO BH care coordination.

 \boxtimes Short term or \boxtimes Long term

Monitoring measure 2.1		Partner with organizations who serve historically marginalized populations to educate on IHN-CCO BH care coordination services for people with SPMI.				
Baseline or current state	Targe	et/future state	Target met by (MM/YYYY)	Benchmark/future state	Benchmark met by (MM/YYYY)	
BH care coordination is not currently working with or conducting outreach to organizations who serve historically marginalized populations.	A minimum of 2 organizations in the IHN-CCO service region who serve historically marginalized populations will engage in a presentation on IHN-CCO BH care coordination.		07/2025	Presentations on IHN-CCO BH care coordination services are presented to a minimum of 3 organizations annually who serve historically marginalized populations.	01/2027	
Monitoring measure 2.2		Reduce disparities in the enrollment of BH care coordination for people with SPMI				
Baseline or current state	Target/future state		Target met by (MM/YYYY)	Benchmark/future state	Benchmark met by (MM/YYYY)	
Care coordination enrollment is lower depending on Race and Gender Identity.	Enrollment in BH care coordination for IHN-CCO members with SPMI increases for all members no matter their REALD/GI.		01/2026	Zero disparities are present in BH care coordination enrollment for IHN-CCO enrollment.	01/2027	

Activity 3 description: Improve health and social outcomes for IHN-CCO members with SPMI by sustaining and expanding Pathfinder Clubhouse services in the IHN-CCO service region.

oximes Short term or oximes Long term

Monitoring measure 3	3.1 Improve access to	Improve access to Unite Us for Pathfinder Clubhouse.				
Baseline or current	Target/future state	Target met by	Benchmark/future	Benchmark		
state		(MM/YYYY)	state	met by		
				(MM/YYYY)		
Current Unite Us	Unite Us use for	01/2025	Pathfinder Clubhouse	01/2026		
usage is unknown.	Pathfinder clubhouse		has a value-based			
	is operationalized		payment contract for			

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	within their facility to conduct referrals for food, housing, and transportation for their population.		improving screening and referral to food, transportation, and housing services for IHN-CCO members with SPMI.				
Monitoring measure 3.2 Establish a sustainable contract with Pathfinder Clubhouse.							
Baseline or current state	Target/future state	Target met by (MM/YYYY)	Benchmark/future state	Benchmark met by			
				(MM/YYYY)			

includes DSNP members between the ages of 18-85 with condition history of hypertension with a recorded HRA as of December 2022.

ii Includes DSNP members between the ages of 18-85 with condition history of hypertension with a recorded ICT and ICP as of December 2022. The cohort includes D-SNP members identified through SHP PHM platform with a history of hypertension.

Section 2: Supporting information (optional)

Not applicable